



Member National  
Cardiac Society



ESC



RUSSIAN  
SOCIETY  
OF CARDIOLOGY

# VIII GLOBAL EDUCATIONAL FORUM “RUSSIAN CARDIOVASCULAR DAYS”

ALMAZOV NATIONAL MEDICAL RESEARCH CENTRE  
(SAINT-PETERSBURG, 2 AKKURATOVA ST.)

APRIL 23–25, 2020 | SAINT-PETERSBURG

[WWW.SCARDIO.RU](http://WWW.SCARDIO.RU)

## **DEAR COLLEAGUES!**

We are pleased to welcome the participants of the VII Global Educational Forum “Russian Cardiovascular Days” held on **April 23-25, 2020 in Saint-Petersburg.**

Interactive programme of the Forum includes clinical case discussions in the light of the latest ESC guidelines as well as lectures on the modern problems of cardiology. Leading Russian and European experts will discuss the most challenging issues and interact with the audience.

Different topics on acute coronary syndrome, arrhythmias, cardiovascular prevention, heart failure and difficult clinical cases will be raised. Focus will be made on the latest ESC guidelines on thromboembolism of pulmonary artery, chronic coronary artery syndrome, supraventricular arrhythmias. Also Russian and foreign opinion leaders will update the knowledge of the audience on imaging in cardiology, TAVI and adherence to therapy.

We hope that the programme will be interesting for a wide range of specialists and students.

Look forward to see you all in Saint-Petersburg!

### **Co-chairs of the Scientific Committee:**

Professor M. Komajda (France)

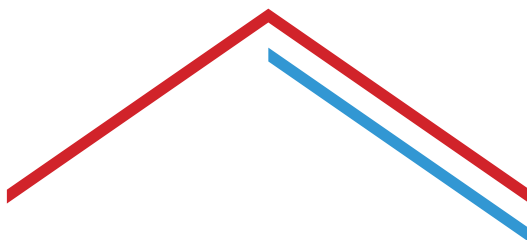
Professor E. Shlyakhto (Russia)

### **Scientific and Organizing Committee:**

Prof. Olga Bolshakova (Russia)

Prof. Alexandra Konradi (Russia)

Prof. Alexander Nedoshivin (Russia)



# PRELIMINARY SCIENTIFIC PROGRAMME

THURSDAY, APRIL 23

HALLS: PAVLOV, KOROTKOV, BOTKIN, LANG, LIBRARY		
09.30-11.00	Satellite symposia	
11.00-11.15	Break	
11.15-12.45	Satellite symposia	
12.45-13.15	Break	
13.15-14.45	Satellite symposia	
14.45-15.00	Break	
15.00-16.30	Satellite symposia	
16.30-17.00	Break	
PAVLOV HALL»		
OPENING OF THE FORUM		
17.00-17.15	Welcome address.	Evgeny Shlyakhto (St. Petersburg), Michel Komajda (France)
17.15-17.45	e-Health in Russia: where do we stand?	German Gref (Moscow)
17.45-18.15	Cardio oncology.	Jeroen Bax (Netherlands)

ПЯТНИЦА, 24 АПРЕЛЯ

PAVLOV HALL»		
MORNING LECTURE		
Chairperson: Simon Matskeplishvili (Moscow)		
09.00-09.20	Five Most important innovations in Cardiology.	Jeroen Bax (Netherlands)
09.20-09.30	Comments.	Simon Matskeplishvili (Moscow)

## HIGHLIGHTS OF THE ANNUAL ESC MEETING (PARIS 2019)

Chairpersons : Amiran Revishvili (Moscow), Martin Cowie (UK)

09.30-09.50	Arrhythmias.	Cecilia Linde (Sweden)
09.50-10.00	Comments.	Amiran Revishvili (Moscow)
10.00-10.20	Imaging.	Jeroen Bax (Netherlands)
10.20-10.30	Comments.	Simon Matskeplishvili (Moscow)
10.30-11.00	Break	

### NEW ESC GUIDELINES

Chairpersons: Sergey Nedogoda (Volgograd), Cecilia Linde

#### DIABETES AND CV DISEASE

11.00-11.15	Clinical case.	Sergey Nedogoda (Volgograd)
11.15-11.30	What do guidelines say?	Michel Komajda (France)
11.30-11.35	Q&A	

#### PULMONARY EMBOLISM

11.35-11.50	Clinical case.	Olga Moiseeva (St. Petersburg)
11.50-12.05	What do guidelines say?	Victoria Delgado (Netherlands)
12.05-12.10	Q&A	

#### SUPRAVENTRICULAR TACHYCARDIA

12.10-12.25	Clinical case.	Elena Golukhova (Moscow)
12.25-12.40	What do guidelines say?	Cecilia Linde (Sweden)
12.40-12.45	Q&A	

#### CHRONIC CORONARY SYNDROME

12.45-13.00	Clinical case.	Grigoriy Arutyunov (Moscow)
13.00-13.15	What do guidelines say?	Jeroen Bax (Netherlands)
13.15-13.20	Q&A	

13.15-14.15	Lunch	
<b>INNOVATIVE THERAPIES</b> Chairpersons : Mikhail Gordeev (St. Petersburg), Cecilia Linde (Sweden)		
CAN WE PERFORM TAVI IN LOW RISK PATIENTS?		
14.15-14.35	The surgeon's point of view.	Mikhail Gordeev (St. Petersburg)
14.35-14.55	The structural cardiologist's point of view.	Martine Gilard (France)
14.55-15.00	Discussion	
ABLATION IN ATRIAL FIBRILLATION		
15.00-15.20	For whom?	Cecilia Linde (Sweden)
15.20-15.40	When? With which results?	Amiran Revishvili (Moscow)
15.40-15.45	Discussion	
15.45-16.15	Break	
<b>HIGHLIGHTS OF THE ANNUAL ESC MEETING (II)</b> Chairpersons: Alexandra Konradi (St. Petersburg), Martin Cowie (UK)		
16.15-16.30	Heart failure.	Michel Komajda (France)
16.30-16.45	Comments.	Maria Sitnikova (St. Petersburg)
16.45-17.00	Intervention/ACS.	Martine Gilard (France)
17.00-17.15	Comments.	Oleg Averkov (Moscow)
17.15-17.30	Prevention.	Michel Komajda (France)
17.30-17.45	Comments.	Alexandra Konradi (St. Petersburg)

SATURDAY, APRIL 25

**PAVLOV HALL»**

**ADHERENCE TO GUIDELINES IN HF**

Chairpersons: Alexandra Konradi (St. Petersburg), Michel Komajda (France)

10.00-10.15	How to measure adherence?	Martin Cowie (UK)
10.15-10.20	Q&A	
10.20-10.35	Physician's adherence.	Michel Komajda (France)
10.35-10.40	Q&A	
10.40-10.55	Patient's adherence.	Maria Sitnikova (St. Petersburg)
10.55-11.00	Q&A	
11.00-11.15	How to improve adherence?	Alexandra Konradi (St. Petersburg)
11.15-11.20	Q&A	

**INNOVATIONS IN CARDIOLOGY**

**MITRACLIP AND MITRAL REGURGITATION**

11.30-11.50	The cardiologist's point of view.	Victoria Delgado (Netherlands)
11.50-12.10	The surgeon's point of view.	Alexander Chernyavskiy (Novosibirsk)
12.10-12.15	Discussion	
12.15-13.15	Lunch	

**FLASH CLINICAL CASES**

13.15-14.00	Three clinical cases presented by junior cardiologists (9 min each) and commented by the ESC faculty (6 min each) – One patient with stable CAD. Discussant Victoria Delgado (Netherlands) – One patient with DM and HF. Discussant Michel Komajda (France) – One patient with SVT discussant. Cecilia Linde (Sweden)	
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## CLOSING LECTURES

Chairpersons: Evgeny Shlyakhto (St. Petersburg), Michel Komajda (France)

14.00-14.25	Artificial intelligence in medicine: progress or threat?	Martin Cowie (UK)
14.25-14.30	Q&A	
14.30-14.50	New tools in cardio vascular research: what the cardiologist should know?	Evgeny Shlyakhto (St. Petersburg)
14.50-14.55	Q&A	
14.55-15.00	Closing remarks.	Evgeny Shlyakhto (St. Petersburg), Michel Komajda (France)

## ABSTRACTS

**NOTE!** Deadline for abstract submission – March 1, 2020. We kindly ask you to submit your abstracts in advance. Abstracts received after the deadline will not be taken for consideration.

Abstract submission requirements are available at [www.scardio.ru/en](http://www.scardio.ru/en). To submit an abstract please send the paper to [rsc@scardio.ru](mailto:rsc@scardio.ru).

All abstracts are reviewed by the Abstract Committee. Abstracts are published free of charge. After review you will be informed on the status of the abstract. The Abstract Committee reserves the right to decline the abstract without no reason given.

**NOTE!** Abstracts are not subject to editorial changes.

## REGISTRATION

Online registration is opened on the Russian Society of Cardiology website [www.scardio.ru/en](http://www.scardio.ru/en) until April 16, 2020. After that registration is available only on site.

Early-bird registration fee until March 1, 2020 is 75 EUR.

After March 1, 2020 registration fee is 100 EUR.

Special offers and discounts are provided for group registration. Please contact [rsc@scardio.ru](mailto:rsc@scardio.ru) to learn more.

## CONTACTS:

### **Scientific programme and abstracts**

Olga Bolshakova

+7 921 303 10 36

bolshakova@almazovcentre.ru

Sponsorship and endorsement

Innessa Chumak

+7 812 702 37 49 (005359)

+7 921 418 12 88

congress@scardio.ru

### **Hotel booking, transfers, tickets**

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MIR International

Olga Afanasieva

olga@mirint.ru

+7 (812) 767 08 31

### **Russian Society of Cardiology**

Address: Russia, 121087, 12A Bagrationovskiy st., Moscow

Web: [www.scardio.ru](http://www.scardio.ru)

E-mail: [info@scardio.ru](mailto:info@scardio.ru)