RUSSIAN NATIONAL CONGRESS OF CARDIOLOGY

Cardiology 2017 – professional education, science and innovations

SCEINTIFIC PROGRAMME

October 24-27, 2017

Saint-Petersburg

Conference Hall №1 (E8-E9) 09.00–10.30

Symposium

«Innovations in cardiovascular risk reduction» (supported by Boehringer Ingelheim)

Chairperson: Shlyakhto E. (Saint-Petersburg)

Shlyakhto E. (Saint-Petersburg). Prevention of cardiometabolic stroke in the Russian clinical practice: GLORIA – AF data.

Baranova E. (Saint-Petersburg). Patient with AF and ACS. New options - the results of RE-DUAL PCI study.

Yanishevsky S. (Saint-Petersburg). Patient with AF and comorbidity: from innovation to clinical decision making.

Kobalava Z. (Moscow). Focus on the cardioprotective benefits of treatment of patients with T2DM.

Conference Hall №5 (D3)

09.00-10.30

Symposium

«A tale of the lost time»

(supported by Teva)

Chairperson: Koziolova N. (Perm)

Koziolova N. (Perm). Optimal drug therapy - a modern strategy of life prolongation in patients with IHD.

Obrezan A. (Saint-Petersburg). Long-term therapy as the basis of life prolongation in cardiovascular patients.

Conference Hall №3 (D1)

11.00-12.30

Symposium

«Consistency of therapy at all stages of ACS patient management» (supported by AstraZeneca)

Chairperson: Vasilieva E. (Moscow)

Lebedeva A. (Moscow). Organization of medical care in ACS in the first 24 hours after the event: best practices.

Yakovlev A. (Saint-Petersburg). Double antiplatelet therapy for the first 12 months after ACS.

Boldueva S. (Saint-Petersburg). A patient with a high ischemic risk after MI: who needs DAT for more than 12 months?

Conference Hall №5 (D3)

11.00-12.30

Symposium

«Myocardial infarction 2017»

(supported by Sanofi)

Chairperson: Ruda M. (Moscow)

Barbarash O. (Kemerovo). Non-STEMI management.

Yavelov I. (Moscow). MI in patients with no coronary artery obstructive lesions.

Averkov O. (Moscow). STEMI management.

Conference Hall №6 (D4)

11.00-12.30

Symposium

«Current options in prevention of cardiovascular events» (supported by Pfizer)

On-line broadcasting

Chairpersons: Mareev V. (Moscow), Karpenko M. (Saint-Petersburg)

Karpenko M. (Saint-Petersburg). Anticoagulation therapy in AF patients with different risks of stroke and bleeding.

Mareev V. (Moscow). Clinical guidelines and clinical practice or «life is richer than textbooks".

Kobalava Z. (Moscow). Expanding horizons: anticoagulants in AF patients in the clinical practice.

Mareev V. (Moscow). Smoking as the most modifiable risk factor of MI and stroke. Ways to solve the problem.

Conference Hall №7 (B1)

11.00-12.30

Symposium

 $\hbox{\it ``Sartans: is there a difference? The perspective of a cardiologist, a neurologist and a clinical pharmacologist } \\$

(supported by Teva)

Chairperson: Glezer M. (Moscow)

Glezer M. (Moscow). The agony of choosing.

Zyryanov S. (Moscow). From clinical pharmacology to clinical outcome.

Zyryanov S. (Moscow). Is BP lowering equal to brain protection?

Conference Hall №8 (B2)

11.00-12.30

Symposium

«Cytoprotectors and cardiovascular disease: options and prospects» (supported by Grindex)

Chairperson: Mikhin V. (Kursk)

Mikhin V. (Kursk). Cytoprotectors in acute and chronic coronary diseases.

Shishkova V. (Moscow). Cerebro-vascular disorders in cardiovascular patients.

Conference Hall №2 (E7)

13.00-14.30

Symposium

«Methodology of new oral anticoagulants selection for patients with atrial fibrillation» (supported by Bayer)

Chairperson: Shlyakhto E. (Saint-Petersburg)

Arutyunov G. (Moscow). How does a Russian patient with atrial fibrillation differ from patients enrolled in randomized clinical trials? How to interpret clinical trials data in the clinical practice?

Lopatin Yu. (Volgograd). A patient with atral fibrillation and diabetes: what to pay attention to when selecting anticoagulation therapy?

Gilyarov M. (Moscow). Management of patinets with atrial fibrillation and chronic kidney disease.

Take home message.

Conference Hall №3 (D1)

13.00-14.30

Symposium

«The latest trends in treatment of AH patients: ambitious goals and new options in the clinical practice»

(supported by Takeda)

Chairperson: Kobalava Z. (Moscow)

Karpov Yu. (Moscow). How will target BP be changing after the latest trials?

Kobalava Z. (Moscow). Standards vs ACE in target AH patients therapy: what is the basis of selection?

Nedogoda S. (Volgograd). 24-hour BP control as the most important factor of prognosis improvement in in AH patients: fixed Edarbi Clo combinations.

Conference Hall №4 (D2)

13.00-14.30

Symposium

«Atrial fibrillation and anticoagulant therapy in various clinical situations» (supported by Boehringer Ingelheim)

Chairperson: Tkacheva O. (Moscow)

Novikova N. (Moscow). Antithrombotic therapy in patients with atrial fibrillation and acute coronary syndrome.

Vinogradov O. (Moscow). Anticoagulant therapy in patients after cardioembolic stroke.

Tkacheva O. (Moscow). Anticoagulant therapy in elderly patients.

Zotova I. (Moscow). A patient with atrial fibrillation and comorbidities: choosing a safe anticoagulant.

Conference Hall №5 (D3)

13.00-14.30

Symposium

«Myths and reality. Risk of cardiovascular complications in a comorbid patient» (supported by Egis)

Chairperson: Martsevich S. (Moscow)

Averin E. (Moscow). Myths and reality: a review of the world experience in AH treatment.

Martsevich S. (Moscow). New options in correcting cardiovascular complications risk.

Kurasov E. (Saint-Petersburg). Anxiety-depressive disorders and arterial hypertension: a myth or reality.

Conference Hall №6 (D4)

13.00-14.30

Symposium

«Safety, efficacy and simplicity of therapy – three whales, on which a polymorbid patient treatment is based»

(supported by Teva)

Chairperson: Koziolova N. (Perm)

Chestnikova A. (Rostov-on-Don). Polymorbidity and polypharmacy - two sides of the same coin.

Koziolova N. (Perm). Drugs interaction: perspective of a patient and a doctor.

Tarlovskaya E. (Nizhny Novgorod). How to increase adherence to therapy in a cardiac patient.

Conference Hall №8 (B2)

13.00-14.30

Symposium

«CV risk reduction as the most important factor of life expectancy increase» (supported by Pfizer)

Recording

Chairpersons: Konradi A. (Saint-Petersburg), Ostroumova O. (Moscow)

Konradi A. (Saint-Petersburg). AH and dyslipidemia as two strategic targets of primary and secondary cardiovascular prevention.

Ostroumova O. (Moscow). Effective BP reduction - not the final goal but one of the ways to mprove prognosis.

Sergienko I. (Moscow). The efficacy and safety of statin therapy: no compromise.

Conference Hall №1 (E8-E9)

15.00-16.30

Dialogue of experts

«How to improve outcomes of pulmonary artery thromboembolia treatment?» (supported by Bayer)

Chairperson: Perepech N. (Saint-Petersburg)

Duplyakov D. (Samara). Pulmonary artery thromboembolia managemt based on risk stratification.

Khasanov N. (Kazan). Choice of antocoagulation therapy in separate patients with high risk of repeated pulmonary artery thromboembolia and/or hemorrhages.

Duplyakov D. (Samara). Therapy of pulmonary artery thromboembolia in real life. What lessons can we get from observations and registries?

Khasanov N. (Kazan). Long-term prevention of repeated pulmonary artery thromboembolia. Any place for aspirin?

Discussion. Questions and answers.

Conference Hall №2 (E7)

15.00-16.30

Symposium

«ARNI – Angiotensin Receptor Neprilysin Inhibitors — a new class of CHF treatment» (supported by Novartis)

Chairpersons: Mareev V. (Moscow), Nedoshivin A. (Saint-Petersburg)

Mareev V. (Moscow). Neurohumoral systems balance restoration – a modern view on CHF therapy. Renewed guidelines on CHF diagnosis and treatment.

Discussion. Nedoshivin A. (Saint-Petersburg), **Kobalava Z.** (Moscow), **Lopatin Yu.** (Volgograd), **Mareev V.** (Moscow).

Lopatin Yu. (Volgograd). Initiation of therapy and ARNI effectivesness in various patient groups.

Discussion. Nedoshivin A. (Saint-Petersburg), Kobalava Z. (Moscow), Lopatin Yu. (Volgograd), Mareev V. (Moscow).

Kobalava Z. (Moscow). ARNI in clinical practice – real life experience.

Discussion. Nedoshivin A. (Saint-Petersburg), **Kobalava Z.** (Moscow), **Lopatin Yu.** (Volgograd), **Mareev V.** (Moscow).

Conference Hall №5 (D3)

15.00-16.30

Symposium

«A moderate and high risk patient: neoclassicism in the clinical practice» (supported by Gedeon Richter)

Chairperson: Podzolkov V. (Moscow)

Podzolkov V. (Moscow). Guidelines and the clinical practice: is harmony possible?

Kislyak O. (Moscow). Dyslipidemia correction and cardiovascular complications prevention in moderaterisk patients.

Protasov K. (Irkutsk). When 2 + 1 > 3: a new solution in treatment of hypertension and atherosclerosis.

Conference Hall №6 (D4)

15.00-16.30

Symposium

«Indirect anticoagulants in a new drug era» (supported by Takeda)

Chairpersons: Zateischikov D. (Moscow), Vavilova T. (Saint-Petersburg)

Zateischikov D. (Moscow). Long-term intake of anticoagulants 2017.

Zotova I. (Moscow). Warfarin in current cardiology practice.

Vavilova T. (Saint-Petersburg). Achievements and probelms in organization of anticoagulation therapy monitoring. Saint-Petersburg experience.

Conference Hall №8 (B2)

15.00-16.30

Symposium

«Cardiovascular complications of NSAIDs: time to reconsider» (supported by Pfizer)

Chairpersons: Karpov Yu. (Moscow), Rebrov A. (Saratov)

Novikova D. (Moscow). Effect of NSAIDs on cardiovascular system: hidden threat?

Rebrov A. (Saratov). Cardiovascular disease and long-term intake of NSAIDs.

Karpov Yu. (Moscow). Reducing the risk of cardiovascular complications of NSAIDs intake is possible.

Conference Hall №5 (D3)

09.00-10.30

Symposium

«Standards of anti-platelet therapy: clinical pharmacology and the Russian reality» (supported by Takeda)

Chairperson: Glezer M. (Moscow)

Ageev F. (Moscow). Review of international guidelines on anti-platelet therapy: role of aspirin.

Glezer M. (Moscow). Unsolved issues in anti-platelet therapy in complicated cases.

Zyryanov S. (Moscow). How to avoid resistance and side effects in anti-platelet therapy? Pharmacokinetic and pharmacodynamic basis of the processes.

25.10.17 Conference Hall №6 (D4)

09.00-10.30

Symposium

«Gender and personalized approaches to AH therapy in cardiology practice» (Joint session with the Russian Scientific Medical Society of Internists) (supported by Sanofi)

Chairpersons: Karpov Yu. (Moscow), Podzolkov V. (Moscow)

Karpov Yu. (Moscow). Very high risk patients: guidelines and clinical practice.

Podzolkov V. (Moscow). Renin-angiotensin-aldosterone system blockade: just BP lowering?

Napalkov D. (Moscow). Personalized approach to statin therapy.

Conference Hall №7 (B1)

09.00-10.30

Symposium

«Beta blockers in clinical practice: is everything known to a practical doctor?» (supported by Egis)

Chairpersons: Martsevich S. (Moscow), Nebieridze D. (Moscow)

Martsevich S. (Moscow). Evidence base of beta-blockers and real clinical practice.

Nebieridze D. (Moscow). The existing stereotypes around beta blockers.

Averin E. (Moscow). Topical issues of using beta blockers in various clinical situations.

25.10.17 Conference Hall №8 (B2) 09.00-10.30 Symposium (supported by Bayer) **Chairpersons:**

Conference Hall №1 (E8-E9)

11.00-12.30

Symposium

«Redefining possible»

(supported by Sanofi)

Simultaneous translation

Chairpersons: Ezhov M. (Moscow), Karpov Yu. (Moscow)

Yakovlev A. (Saint-Petersburg). LDL-cholesterol reduction in patients with very high cardiovascular risk.

Karpov Yu. (Moscow). Innovative concept of PCSK9 inhibition for LDL-cholesterol control.

Ezhov M. (Moscow). ODYSSEY Programme: focus on patients with very high cardiovascular risk.

All experts. Questions and Answers.

Conference Hall №2 (E7)

11.00-12.30

Symposium

«Prevention of cardiovascular complications in CAD patients: status quo and new options» (supported by Takeda)

Chairpersons: Arutyunov G. (Moscow), Perepech N. (Saint-Petersburg)

Perepech N. (Saint-Petersburg). Improving outcomes in CAD patients: analysis of guidelines. **Orlova Ya.** (Moscow). Secondary prevention of cardiovascular events: any results in the real-life practice? **Arutyunov G.** (Moscow). Polypill as an innovative strategy to improve effectiveness of CAD therapy.

Conference Hall №3 (D1)

11.00-12.30

Symposium

«Foundation of very high risk patients therapy» (supported by AstraZeneca)

Chairpersons: Kobalava Z. (Moscow), Susekov A. (Moscow), Mareev V. (Moscow), Fomin I. (Nizhny Novgorod)

Susekov A. (Moscow). Stregthen the fotress: highly intensive statin therapy in very high risk patients.

Kobalava Z. (Moscow). Fortification issues: safety of statins.

Mareev V. (Moscow). How to build for long: statin therapy.

Fomin I. (Nizhny Novgorod). Beta-blocker as a universal instrument for cardiovascular treatment.

25.10.17 Conference Hall №7 (B1) 11.00–12.30

Symposium

«Current technologies and devices in arrhythmology» (supported by Cardiomedics/Boston Scientific)

Chairpersons:

Mikhailov E. (Saint-Petersburg). Cardiac contractility modulation in heart failure: what can we count for?

Lebedev D. (Saint-Petersburg). Subcutaneous ICD: a new standard in sudden cardiac death prevention?

... Cardiac resynchronization devices with a quadripolar left ventricle lead. What are the advantages?

Romanov A. (Novosibirsk). MRI compatible devices: what is really important?

Krivolapov C. (Tomsk). Endocardial lead extraction – how to reveal a problem and what to do with it?

Conference Hall №8 (B2)

11.00-12.30

Symposium

«Theory and practical consideration of PE treatment» (supported by Pfizer)

Chairpersons: Andreev D. (Moscow), Obrezan A. (Saint-Petersburg)

Obrezan A. (Saint-Petersburg). Anticoagulant therapy for acute PE: impact on life and prognosis.

Andreev D. (Moscow). What is important in management of a patient after PE. Aspects of prolonged thromboprophylaxis: when, what and why.

Obrezan A. (Saint-Petersburg), **Andreev D.** (Moscow). Clinical case: succession management of a patient with PE from an acute episode to prolonged treatment and further prevention.

25.10.17			
Conference Hall №11 (A4-A5)			
11.00-12.30			
Symposium			
CI. Lancasca			
Chairpersons:			

Conference Hall №3 (D1)

13.30-15.00

Symposium

«Management of cardiovascular risk in patients with diabetes» (supported by Boehringer Ingelheim)

Chairperson: Khalimov Y. (Saint-Petersburg), Napalkov D. (Moscow)

Khalimov Y. (Saint-Petersburg) New patterns of type 2 DM management: from glucocentric dogma to real organ protection.

Galstyan G. (Moscow). EMPA-REG OUTCOME: two years later.

Napalkov D. (Moscow). Atrial fibrillation and diabetes mellitus: a complicated clinical combination.

Conference Hall №4 (D2)

13.30-15.00

Symposium

«The Philosopher's Stone of today, or what are the options to slow down ageing?» (supported by Teva)

Chairperson: Tkacheva O. (Moscow)

Tkacheva O. (Moscow). Introductory speech. Causes of ageing and possible ways of slowing it down.

Tkacheva O. (Moscow). «From metal to gold" or from conventional diuretic therapy to prolonging life.

Dzgoeva F. (Moscow). Pharmacological prevention of age-associated diseases.

Susekov A. (Moscow). How to prepare an elixir of life from ordinary drugs.

Conference Hall №5 (D3)

13.30-15.00

Symposium

«Latest studies of the clinical practice: primary and secondary prevention» (supported by AstraZeneca)

Chairperson: Boitsov S. (Moscow)

Boitsov S. (Moscow). CEPHEUS II: do we achieve our goals in the primary and secondary cardiovascular prevention.

Karpov Yu. (Moscow). OPTIMA II and CVD-Real: Statins and anti-hyperglycemic drugs and impact on prognosis.

Oschepkova E. (Moscow). STREAM: 1-year dual antiplatelet therapy in the Russian post-ACS population.

25.10.17 Conference Hall №7 (B1) 13.30–15.00

Symposium

«Hot topics in diuretic therapy»
(supported by Takeda)

Chairpersons: Arutyunov G. (Moscow), Tarlovskaya E. (Nizhny Novgorod)

Tarlovskaya E. (Nizhny Novgorod). Clinical niches for prolonged release diuretics administration.

Koziolova N. (Perm). CHF and special clinical situations: how can diuretics help?

Arutyunov A. (Moscow). Long-term natriuresis as a strategic goal in diuretic treatment.

Discussion of experts on difficulties in administration of diuretics in clinical practice.

Conference Hall №8 (B2)

13.30-15.00

Symposium

``Current option in CHF management: from bench to bedside''

(supported by Pfizer)

Chairperson: Andreev D. (Moscow)

Andreev D. (Moscow). Patient with CHF after MI: how to improve the prognosis?

Obrezan A. (Saint-Petersburg). Patient with CHF and ventricular extrasystole.

Arutyunov G. (Moscow). Early start of therapy as the key to successful treatment of a HF patient.

25.10.17 **Conference Hall №11 (A4-A5)** 13.30-15.00 **Working meeting** «RSC 2017»

Conference Hall №1 (E8-E9)

15.30-17.00

Symposium

«Choice of anticoagulation therapy for the AF patients not mentioned in the guidelines. What can we do for them?»

(supported by Bayer)

Chairperson: Belenkov Yu. (Moscow)

Mareev V. (Moscow). Venous thromboses: do we know everything of them and what questions are left unanswered?

Gilyarevsky S. (Moscow). Evidence-based cardiology and controversial issues in anticoagulation therapy. Clinical pharmacologist perspective.

Shubik Yu. (Saint-Petersburg). Non-typical patients in the arrhythmology practice. Case study.

Take home message.

Conference Hall №2 (E7)

15.30-17.00

Symposium

«Multidisciplinary approach to management of CHF patients: new horizons and therapy options» (supported by Novartis)

Chairpersons: Shlyakhto E. (Saint-Petersburg), Kobalava Z. (Moscow)

Villevalde S. (Moscow). Cardiovascular continuum in CHF. Focus on prevention of recurrent cardiovascular events.

Discussion. Shlyakhto E. (Saint-Petersburg), **Kobalava Z.** (Moscow), **Nedoshivin A.** (Saint-Petersburg), **Villevalde S.** (Moscow).

Kobalava Z. (Moscow). New areas of ARNI investigation: what is waiting for us in the near future?

Discussion. Shlyakhto E. (Saint-Petersburg), **Kobalava Z.** (Moscow), **Nedoshivin A.** (Saint-Petersburg), **Villevalde S.** (Moscow).

Nedoshivin A. (Saint-Petersburg). Practical aspects of specialized care organization for CFH patients.

Discussion. Shlyakhto E. (Saint-Petersburg), Kobalava Z. (Moscow), Nedoshivin A. (Saint-Petersburg), Villevalde S. (Moscow).

Conference Hall №4 (D2)

15.30-17.00

Symposium

«Endovascular techniques assisting cardiologists: structural heart disease and resistant hypertension» (supported by Cardiomedics / Boston Scientific)

Simultaneous translation

Chairpersons:

Introduction. Cardiologists do not know or do not want? The problem of referring patients to endovascular procedures available in Russia.

Georgiou G. (Cyprus). TAVI: extending horizons.

Zverev D. (Saint-Petersburg). TAVI in Russia: implementation in clinical practice, specificities, tactics of patient selection and post-procedural management.

Davtyan K. (Moscow). Watchman left atrial appendage occlusion device: latest data on stroke prevention in AF patients from EWOLUTION registry. Selection of optimal candidate and tactic of post-procedural antithrombotic therapy.

Pavlov P. (Khanty-Mansijsk). How to treat a patient with resistant hypertension? Renal denervation: results in Russia, selection of optimal category of patients.

Mikhaylov E. (Saint-Petersburg). Beyond resistant hypertension: does renal denervation affect other conditions associated with sympathetic hyperactivation?

Discussion.

Conference Hall №5 (D3)

15.30-17.00

Symposium

«Current approaches to CHF treatment» (supported by Akrikhin)

Chairpersons: Arutyunov G. (Moscow), Ageev F. (Moscow), Mareev V. (Moscow)

Mareev V. (Moscow). Advantages and disadvantages of mineralocorticoid receptor antagonists for CHF.

Arutyunov G. (Moscow). How to save cognitive function in a cardiovascular patient?

Ageev F. (Moscow). Choice of therapy for CHF with preserved LV ejection fraction.

Conference Hall №6 (D4)

15.30-17.00

Symposium

«Polypharmacy or Pharmageddon of our time?»

(supported by Gedeon Richter)

Chairperson: Lopatin Yu. (Volgograd)

Nedogoda S. (Volgograd). Comorbidity and polypharmacy: prescribe never cancel.

Tkacheva O. (Moscow). Gerontology practice: when a patient is enthralled by drug illusions.

Lopatin Yu. (Volgograd). Discussion.

Conference Hall №8 (B2)

15.30-17.00

Symposium

«Pulmonary arterial hypertension: current understanding of the problem» (supported by Pfizer)

On-line broadcasting

Chairpersons: Moiseeva O. (Saint-Petersburg), Martyniuk T. (Moscow)

Moiseeva O. (Saint-Petersburg). PAH: a way from the first symptoms to specialized care.

Martyniuk T. (Moscow). Basic principles of PAH treatment. Sildenafil in guidelines and clinical practice.

Simakova M. (Saint-Petersburg). Clinical cases of PAH patients.

Conference Hall №5 (D3)

11.00-12.30

Symposium

«A journey through the time: from Leonardo Da Vinci to our days» (supported by Gedeon Richter)

Chairperson: Ageev F. (Moscow)

Drapkina O. (Moscow). The perfect components of the combination as a guarantee of the therapy success.

Ageev F. (Moscow). High and very high risk patients: do we use every possibility? ALROSA study results.

Averin E. (Moscow). What is classic and what is new in the treatment of chronic heart failure?

Conference Hall №7 (B1)

11.00-12.30

Symposium

 $\hbox{$<$ Long-term double anti-platelet therapy in patients after myocardial infarction: how long and to whom?} \\ \hbox{$>$}$

(supported by AstraZeneca)

Chairperson: Ruda M. (Moscow)

Barbarash O. (Kemerovo). DAT in ACS patients in clinical practice.

Panchenko E. (Moscow). High cardiovascular risk a year after MI and how to reduce it: PEGASUS results.

Averkov O. (Moscow). Choosing a patient: who needs long-term DAT?

Conference Hall №8 (B2)

13.30-15.00

Symposium

«Historic parallels: Polypill in the concept of new science of power by Machiavelli» (supported by Gedeon Richter)

Chairperson: Arutyunov G. (Moscow)

Arutyunov G. (Moscow). Management of cardiovascular risks: antihypertensive therapy perspective.

Arutyunov A. (Moscow). Management of cardiovascular risks: lipid-lowering therapy perspective.

Arutyunov G. (Moscow), **Arutyunov A.** (Moscow). Discussion: Therapy onset: the sooner, the better? Indications for early start of statin therapy.