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Russian Cardiovascular Days 2017

A key international educational event held annually initiated by Michel Komajda and Evgeny Shlyakhto in 2013

'Russian Cardiovascular Days' is an important event of the Russian Society of Cardiology, which provides an opportunity to discuss the most relevant topics in cardiology with key international opinion-leaders in Russia.

Initiated by Michel Komajda and Evgeny Shlyakhto in 2013, the Forum became very popular among Russian cardiologists while its multidisciplinary team approach caused a growing interest in physicians of different medical specialties—internists, endocrinologists and cardiovascular surgeons. The working languages of the Forum are English and Russian with simultaneous translation which is attractive to international attendees who are always more than welcome.

The Forum joins the efforts of the Russian and European physicians in developing and strengthening the collaboration between Russian Society of Cardiology and European Society of Cardiology. Accreditation by the European Accreditation Council for Continuing Medical Education (EACCME®) provides the opportunity to attract more international participants who are interested in interactive learning and discussions. The program of the 3-day event provides a balanced participation of European and Russian opinion-leaders in basic lectures, discussions and case report presentations. This ensures remarkable contribution into its success and educational value.

eight attendees from eight countries took part in the event. Russian Society of Cardiology provided educational travel grants for young cardiologists and 51 doctors from 98 Russian cities used this opportunity to travel to Moscow and take part in the Forum. The online registration was organized via official RSC website www.scardio.ru where participants could download the final programme, submit abstracts and find the latest information on the Forum. The on-site registration was opened every day of the meeting.

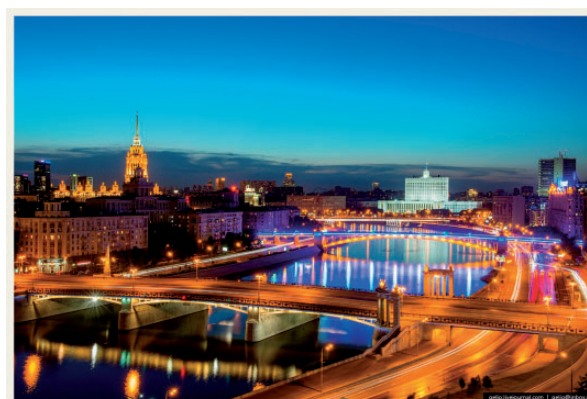
The event started with two opening lectures 'Neuro-modulation in cardiology' by F. Mahfoud (Germany) and 'Translational research and progress in cardiology' by E. Shlyakhto (Russia). A comprehensive analysis of 'where we are' as well as a thorough coverage of the main development trends was given.

The ESC guidelines session was focusing on atrial fibrillation, heart failure, cardiac complications in oncology, pulmonary hypertension and inflammatory disease of the heart with R. Frank (France), M. Komajda (France), T. Gillebert (Belgium) and J. Lehtonen (Finland) as speakers from the ESC side.

Highlights of the ESC Congress 2016 in Rome embraced Arrhythmias covered by R. Frank (France) and commented by A. Revishvili (Russia); Acute Coronary Syndrome/Interventional Cardiology by M. Roffi (Switzerland) and O. Barbarash (Russia); Heart Failure by M. Komajda



Moskva River



Borodinsky Bridge, Moskva River

This year 5th Global Educational Forum 'Russian Cardiovascular Days' was held in Moscow on 30 March–1 April. Interactive scientific program of the Forum included three main issues covered in keynote ESC lectures and comments from the Russian side:

- New ESC guidelines.
- Highlights of the ESC Congress 2016 in Rome.
- Hot topics in Cardiology.

The 2017 forum became a significant event for the professional community: one opening and one closing plenary sessions, three scientific sessions, seven symposia, a master class and a poster session. Eight hundred and

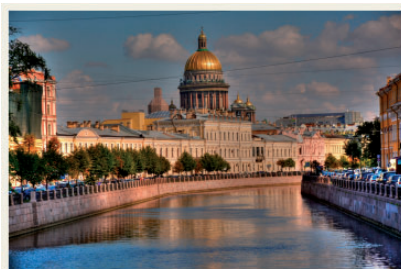
(France) and G. Arutyunov (Russia); Prevention of CVD by M. Komajda (France) and A. Konradi (Russia).

Hot topics in cardiology included lectures on telemonitoring in heart failure by M. Cowie (UK), cardiac amyloidosis by T. Damy and a burning discussion about how low should we lower blood pressure by S. Kjeldsen (Norway).

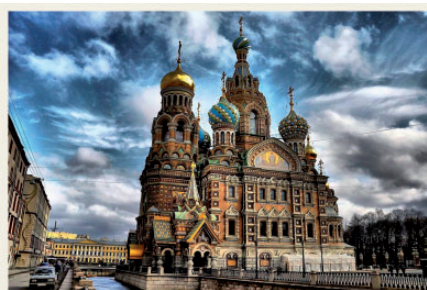
The attendees were offered to use the mobile voting application. Using this application, the participants of the Forum could vote and answer the questions of the speakers during the lectures. The service was successfully applied within six educational lectures and clinical case discussions.



Marco Roffi on Interventional Cardiology presenting Highlights from ESC Congress 2016.



**St Isaac's Cathedral Dome
& English Embankment, St Petersburg**



Resurrection of Christ Church, St. Petersburg



**Lions of Bank Bridge across Griboyedova Canal
& Resurrection of Christ Church, St Petersburg**

Fifth Global Educational Forum 'Russian Cardiovascular Days' was accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) to provide the following CME activity for medical specialists. The Forum was designated for up to 13 h of European external CME credits. Seventy doctors claimed 13 ECMEC. They are members of the Russian Society of Cardiology and registered in the EACCME®. The Forum was also accredited in the Russian CME system. Participants could claim educational credits for participating in the meeting.

An on-line assessment survey was conducted after the Forum at the website www.scardio.ru—735 participants completed the questionnaire. The majority reported that coverage of problems and relevance of the discussed topics was very high (7–10 points of 10). Also, the credibility of the speakers and quality of presentations were assessed as adequate (7–10 points out of 10 also).

In 2018, the 6th Global Educational Forum 'Russian Cardiovascular Days' will be held in St. Petersburg, well known for its cultural value and traditional hospitality. The guests will have an opportunity to get in touch with 300 years of the Russian history, and see the outstanding sights of one of the most beautiful cities in the world.



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Conflict of interest: none declared.