RUSSIAN NATIONAL CONGRESS OF CARDIOLOGY

INNOVATION AND PROGRESS IN CARDIOLOGY

SCIENTIFIC PROGRAMME

24-26 September, 2014
Kazan
On September 24-26, 2014 in Kazan, the Russian National Congress of Cardiology will be held. This will be an important step in solving urgent problems of modern medicine aimed at further reducing of cardiovascular morbidity and mortality in the Russian Federation.

The largest specialized scientific and clinical forum, where the annual participation is more than 5,000 professionals, will do everything possible for modernization of health care promoting new methods of prevention, diagnosis and treatment of cardiovascular diseases.

The Congress has every reason to be the significant event in science and medical community as it has an interdisciplinary basis to discuss current approaches to diagnosis and treatment of cardiovascular diseases. It is the integration of knowledge based on fundamental science achievements that will allow our health care system quickly move forward and reach the most advanced position of translational and personalized medicine.

The topical character of the Congress is determined not only by the high incidence and social significance of cardiovascular diseases but also by the new perspectives of health care modernization in our country. Scientific and technical progress, rapid development of biomedical sciences, an active transfer of the basic research findings to the clinic, development of molecular medicine, new imaging technologies, the range and complexity of surgical and endovascular interventions on heart and blood vessels, including the use of robotics, widen the possibilities of medical care.

I am convinced that the Congress will open up new prospects for improving health care system through innovative medical technologies, and will be a step forward to the development of national cardiology.

I invite you to actively participate in the Congress and I wish you every success!

Minister of Health of the Russian Federation

V.I. Skvortsova
DEAR FRIENDS!

I cordially welcome the participants of such a significant and respectable medical forum in the hospitable land of Tatarstan.

It is for a good reason that the capital of our Republic, Kazan, was chosen to be its venue. In the course of centuries, historically unique traditions in the field of medical science and education have been developing here. In this city, one of the most famous and best academic cardiology schools in the country has been created.

The Congress topics are extremely important both for Tatarstan and for the Russian Federation in the whole. Reduction of cardiovascular mortality and morbidity, improving accessibility and quality of medical care are among our strategic national goals, which are to be solved at the highest professional level.

Providing for physical and mental health of the people, improvement of their life quality are the main priorities in the joint efforts by the state authorities and the medical community. I am convinced that the Russian National Congress of Cardiology will assist in developing medical science and clinical practice, as well as become an additional incentive in reducing the burden of cardiovascular disease.

With all my heart I wish to the delegates of the Congress the most successful work, interesting discussions, exchange of experience and unforgettable impressions of the ancient city of Kazan.

President
of the Republic of Tatarstan

R.N. Minnikhanov
Dear Colleagues!

On behalf of the Russian Society of Cardiology Board I invite you to actively participate in the work of the Russian National Congress of Cardiology, the largest annual all-Russian professional medical forum, which will take place in Kazan on September 24–26, 2014.

According to the latest legislative initiatives of the President of Russian Federation and the state programme of healthcare development, fundamental medico-biological research meeting the needs of healthcare agencies in new effective treatment and diagnostic technologies and drugs, as well as focused training of specialists aimed at developing breakthrough technologies and their active introduction into clinical practice are most important for the Society that has been fighting for healthy hearts of the Russian people for five decades.

The Congress scientific programme will include the most prominent modern achievements in prevention, diagnostics and treatment of cardiovascular diseases. Interdisciplinary approach to the problems discussed is of exceptional value as it fully represents the current trend to integrate knowledge in medical science. No less important is a strong educational component of plenary sessions, symposia, clinical discussions, scientific seminars, round tables, and master classes.

It is not by chance that the Congress will be held in Kazan where its famous scientific and clinical school contributed a lot into reduction of cardiovascular morbidity and mortality in Russia. The capital of the Republic of Tatarstan will warmly welcome the Congress participants. The guests will get to know the thousand years of the Tartar history and outstanding cultural values of one of the most beautiful Russian cities.

I strongly believe that thanks to your active and interested participation, the Russian National Congress of Cardiology 2014 will be a huge success and become a significant social event that will offer new prospects to the Russian healthcare for the welfare of our citizens.

I wish you successful and fruitful work!

President of the Russian Society of Cardiology

Professor E.V. Shlyakhto
**The Organizing Committee of the Russian National Congress of Cardiology**

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td><strong>VERONIKA IGOREVNA SKVORTSOVA</strong></td>
<td><strong>MINISTER OF HEALTH OF THE RUSSIAN FEDERATION (CHAIRMAN)</strong></td>
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<tr>
<td>Igor Nikolaevich Kagramanyan</td>
<td>Deputy Minister of Health of the Russian Federation (Deputy Chairman)</td>
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<tr>
<td>Tatiana Vladimirovna Yakovleva</td>
<td>Deputy Minister of Health of the Russian Federation (Deputy Chairman)</td>
</tr>
<tr>
<td>Evgeny Vladimirovich Shlyakhto</td>
<td>Director of Federal Almazov Medical Research Centre of the Ministry of Health of the Russian Federation, President of Russian Society of Cardiology, Academician, Doctor of Medical Science, Professor (Deputy Chairman)</td>
</tr>
<tr>
<td>Igor Gennadievich Nikitin</td>
<td>Director of Department of Medical Care and Sanatorium-Resort Therapy at the Ministry of Health of the Russian Federation</td>
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<tr>
<td>Lyalya Adygamovna Gabbasova</td>
<td>Assistant to Minister of Health of the Russian Federation</td>
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<tr>
<td>Elena Nikolaevna Baibarina</td>
<td>Director of Department of Children’s Medical Care and Obstetric Service at the Ministry of Health of the Russian Federation</td>
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<tr>
<td>Tatyana Vladimirovna Semenova</td>
<td>Director of Department of Medical Education and Personnel Policy at the Ministry of Health of the Russian Federation</td>
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<tr>
<td>Andrey Valentinovich Vasiliev</td>
<td>Director of Department of Innovation and Scientific Development at the Ministry of Health of the Russian Federation</td>
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<tr>
<td>Oleg Olegovich Salagay</td>
<td>Deputy Director of the Department of International Cooperation and Public Relations at the Ministry of Health of the Russian Federation</td>
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<tr>
<td>Adel Yunysovich Vafin</td>
<td>Minister of Health of the Republic of Tatarstan, Chairman of the Health Committee of St. Petersburg Government</td>
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<tr>
<td>Irina Evgenievna Chazova</td>
<td>Director of Myasnikov Institute of Clinical Cardiology at the Russian Cardiology Research and Production Complex of the Ministry of Health of the Russian Federation, the Chief cardiologist of the Ministry of Health of the Russian Federation, Member of Russian Academy of Sciences, Doctor of Medical Science, Professor</td>
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# The Organizing Committee of the Russian National Congress of Cardiology

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Albert Sarvarovich Galyavich</td>
<td>Head of Department of the Kazan State Medical University, Vice-president of the Russian Society of Cardiology, Doctor of Medical Science, Professor (Executive Secretary of the Scientific Program Committee)</td>
</tr>
<tr>
<td>Yury Alexandrovich Karpov</td>
<td>Deputy Director of Russian Cardiology Research and Production Complex at the Ministry of Health of the Russian Federation, Vice-president of the Russian Society of Cardiology, Doctor of Medical Science, Professor</td>
</tr>
<tr>
<td>Sergey Anatolievich Boitsov</td>
<td>Director of the State Research Centre for Preventive Medicine at the Ministry of Health of the Russian Federation, Vice-president of the Russian Society of Cardiology, Doctor of Medical Science, Professor</td>
</tr>
<tr>
<td>Rostislav Sergeevich Karpov</td>
<td>Director of Scientific Research Institute of Cardiology of the Siberian Branch of the Russian Academy of Medical Sciences, Academician of Russian Academy of Sciences, Doctor of Medical Science, Professor</td>
</tr>
<tr>
<td>Alexandr Olegovich Nedoshivin</td>
<td>Scientific Secretary of Federal Almazov Medical Research Centre of the Ministry of Health of the Russian Federation, Secretary General of the Russian Society of Cardiology, Doctor of Medical Science, Professor</td>
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<tr>
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<tr>
<td>Svetlana Anatolievna Shalnova</td>
<td>Head of Department of Epidemiology of Non-communicable Diseases of the State Research Centre for Preventive Medicine, the Ministry of Health of the Russian Federation, Vice-president of the Russian Society of Cardiology, Doctor of Medical Science, Professor</td>
</tr>
<tr>
<td>Yury Nikitich Belenkov</td>
<td>Vice-Rector of the Moscow State University, Vice-President of the Russian Society of Cardiology, Academician, Doctor of Medical Science, Professor</td>
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# Programme Committee of the Russian National Congress of Cardiology

<table>
<thead>
<tr>
<th>Chairman of the Programme Committee</th>
<th>President of the Russian Society of Cardiology, Academician Evgeny Vladimirovich Shlyakhto (St. Petersburg)</th>
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</thead>
<tbody>
<tr>
<td>Executive Secretary of the Congress, Chairman of the Local Organizing Committee</td>
<td>Vice-president of the Russian Society of Cardiology, Professor Albert Sarvarovich Galyavich (Kazan)</td>
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<tr>
<th>Chairmen of Working Groups of the Program Committee</th>
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<tbody>
<tr>
<td>Akchurin R.S. (Moscow), Nedogoda S.V. (Volgograd), Alekyan B.G. (Moscow), Belenkov Y.N. (Moscow), Paleev F.N. (Moscow), Boitsov S.A. (Moscow), Revishvili A.S. (Moscow), Bokeria L.A. (Moscow), Ruda M.J. (Moscow)</td>
<td>Vasyuk Y.A. (Moscow), Sulimov V.A. (Moscow) Golitsyn S.P. (Moscow), Tereshchenko S.N. (Moscow), Dzemeshkevich S.L. (Moscow), Temovoy S.K. (Moscow) Karpov Y.A. (Moscow), Tkachuk V.A. (Moscow), Lopatin Y.M. (Volgograd), Chazova I.E. (Moscow), Matskeplishvili S.T. (Moscow), Yavelov I.S. (Moscow)</td>
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<tr>
<th>Abstracts Committee</th>
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<tr>
<td>Duplyakov D.V. (Samara), Ioshina V.I. (Moscow), Kamardinov D.H. (Moscow), Karpov R.S. (Tomsk), Koziolova N.A. (Perm), Lopatin, Y.M. (Volgograd), Chumakova G.A. (Barnaul), Shkolnik E.L. (Moscow)</td>
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</table>
| Award Committee of the Russian Society of Cardiology 2014 | Shlyakhto E.V. (St. Petersburg) - Chairman  
Belenkov Y.N. (Moscow), Boitsov S.A. (Moscow),  
Galyavich A.S. (Kazan), Dovgalevsky P.Y. (Saratov),  
Duplyakov D.V. (Samara), Karpov R.S. (Tomsk),  
Koziolova N.A. (Perm), Conradi A.O. (St. Petersburg),  
Nedogoda S.V. (Volgograd) |
|------------------------------------------------------|
| Award Expert Council 2014                           | Abdullaev A.A. (Makhachkala), Belyalov F.I.  
(Irkutsk), Borovkov N.N. (Nizhny Novgorod),  
Vinokur T.Y. (Cheboksary), Govorin A.V. (Chita),  
Goncharova L.N. (Saransk), Zakirova A.N. (Ufa),  
Ivanov K.I. (Yakutsk), Inarokova A.M. (Nalchik),  
Kuznetsov V.A. (Tyumen), Lebedev D.S.  
(St. Petersburg), Levashov S.Y. (Chelyabinsk),  
Libis R.A. (Orenburg), Lopatin Y.M. (Volgograd),  
Mareev V.Y. (Moscow), Milyagin V.A. (Smolensk),  
Nedbaykin A.M. (Bryansk), Nechayeva G.I.  
(Omsk), Nikitin Y.P. (Moscow), Olejnikov V.E.  
(Penza), Savenkov M.P. (Moscow), Tarlovskaia E.I.  
(Kirov), Turina T.V. (St. Petersburg), Cherevaty G.G.  
(Kaluga), Chumakova G.A. (Barnaul), Shulman V.A.  
(Krasnoyarsk), Jakushin S.S. (Ryazan). |
| Young Scientists Competition Commission              | **DUPLYAKOV D.V. (SAMARA) - COMMISSION CHAIRMAN**  
Grinshtein Y.I. (Krasnoyarsk), Kalyagin A.N. (Irkutsk),  
Kontsevaya A.V. (Moscow), Osipova I.V. (Barnaul),  
Shkolnik E.L. (Moscow), Yakusevich V.V. (Yaroslavl). |
| Chairmen of the competition for the best poster presentation | Arutyunov G.P. (Moscow), Barbarash O.A. (Kemerovo),  
Demin A.A. (Novosibirsk), Nebieridze D.V. (Moscow),  
Nikulina S.Y. (Krasnoyarsk), Pozdnyakov Y.M. (Moscow),  
Sulimov V.A. (Moscow), Shalnova S.A. (Moscow),  
Jakushin S.S. (Ryazan). |
| Secretariat of the Programme Committee               | Kamalov G.M. (Kazan), Konradi A.O. (St. Petersburg),  
Kontsevaya A.V. (Moscow), Nedoshin A.O.  
(St. Petersburg), Chumak I.B. (St. Petersburg),  
Yusupova M.M. (Moscow). |
The Organizing Committee invites you to take part in the Russian National Congress of Cardiology which will be held in Kazan on 24-26 September 2014.

September 23 will be a pre-Congress day: from 12.00 to 18.00 pre-Congress workshops, schools and symposia will be organized; at 10.00 - opening of the exhibition.

**Congress Venue**
State TV and Radio Broadcasting Company
“Korston-Kazan” 1 A Yershov street, Kazan, 420061
Official site of the complex: www.korston.ru

**How to get there**
Express train goes from the International Kazan Airport to the Central Railway Station

**Taxi Service**
Upon arrival at the international airport “Kazan” you can book a taxi on the stand located at the main hall of Terminal 1A Arrival Zone. To choose a route and pay for a trip: +7 (843) 5-00000-5, www.taxikazancity.ru.

**Congress Registration Timetable**
23 September — 08.00 - 20.00
24 September — 08.00 - 18.00
25 September — 08.00 - 18.00
26 September — 08.00 - 13.00
STRC “Korston-Kazan”, 1st floor

Registration of the participants is on-line on the official website of the Congress [WWW.CARDIOCONGRESS.RU](http://WWW.CARDIOCONGRESS.RU).

All registered on the official website of the Congress [WWW.CARDIOCONGRESS.RU](http://WWW.CARDIOCONGRESS.RU) and those who paid the registration fee will be able to get the Congress materials and badge in the registration area of STRC “Korston”.
All registered on the official website of the Congress www.cardio-congress.ru can get a badge in the registration area of STRC “Korston”.

You can pay the registration fee in the reception area of STRC “Korston” at any day of the Congress.

Attention! Registration is required of all participants. Each participant receives a badge, which is a pass to all scientific sessions and exhibition

Commemorative Plenary meeting, Awarding laureates of the Russian Society of Cardiology and the winners of the contest of young scientists will take place on September 24 at 17.30 in the Ballroom of STRC “Korston”. The Celebrating Ceremony will take place at 19:30.

Information for speakers and lecturers

All Congress rooms are equipped with multimedia projectors and laptops. All computers are available with operating system Windows XP, Power Point 2003. Speakers should give their USB devices, storages or media to the personnel responsible for technical support in the lecture hall no later than 2 hours before the session.

Reporting of Young Scientists Competition Finalists will take place on September 23 in Tchaikovsky Hall-1 from 16.00 to 18.00.

Plenum of the Board of the Russian Society of Cardiology will be held on September 25 in the Ballroom 1 at 18:00.

Simultaneous translation

The official language of the Congress is Russian. Simultaneous translation will be organized only during the plenary sessions.

Internet

Free Wi-Fi zones are located on the 1st and 2nd floors of the STRC “Korston” during all Congress days.
General Information

Please, do not use the mobile phones during plenary lectures, symposia, and panel sessions of the Congress.

Smoking

The Russian Society of Cardiology actively promotes healthy lifestyle and considers smoking to be a serious risk factor of cardiovascular diseases. The Organizing Committee strongly recommends to all participants not to smoke at the time of the Congress.

Posters

Will be presented on September 24-26 on the 2nd floor of STRC “Korston” from 09.00 to 18.00. Moderators of the Sessions will select the best posters for the competition for the best poster every day during the lunch break:

- September 24 - from 12.40 to 13.40
- September 25 - from 13.45 to 14.45
- September 26 - from 13.00 to 14.00

The winners of the competition for the best posters will be awarded with a prize of the Russian Society of Cardiology. Poster presentations are listed in the program of the Congress. The participants should give their material on the stand in accordance with the number of presentations, specified in the program, no later than 30 minutes prior to the poster section. Poster presentation should not exceed the following dimensions: 90 cm (width), 120 cm (height).

Exhibition of medical, diagnostic and therapeutic equipment, modern information technology, and specialized medical publications

Will be presented daily in the halls of the 1st and 2nd floors of STRC “Korston”:

- September 23 - from 10.00 to 18.30
- September 24 - from 8.00 to 18.30
- September 25 - from 8.00 to 18.30
- September 26 - from 8.00 to 15.00
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<td>12.00 - 13.40</td>
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<td>Symposium “Are there peculiarities in primary and secondary prevention of cardiovascular disease in women?”</td>
<td>Symposium «Prevention of cardiovascular risk in cardiac patients with hypercholesterolemia and arterial hypertension. RAKURS trial. NITRESAN (Nitrendipinum) - the new calcium antagonist at the Russian market»</td>
<td>Educational session for CCU cardiologists: «New options for inotropes in different patients groups» (supported by “Orion Pharma”)</td>
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<td>13.40 - 14.00</td>
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<td>Symposium «Topical issues of blood pressure self-monitoring» (supported by Complet-Service (Omron))</td>
<td>Echocardiography educational session “Heart chamber quantification”</td>
<td>Symposium «Rivaroxaban: practical issues» (supported by Bayer)</td>
<td>Joint symposium of the National Society of Atherothrombosis and the Russian Society of Cardiology “Thrombosis and anti-thrombotic therapy: from bench to bedside”</td>
<td>Discussion club «The process of clinical decision-making: infectious heart diseases - 2014»</td>
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<td>Symposium “Therapy standards in case of high cardiovascular risk” (supported by Vertex)</td>
<td>Echo-cardiography educational session “Systolic and diastolic function assessment”</td>
<td>Symposium “Atherosclerosis and osteoporosis: any areas of contact?”</td>
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<td>“Battle of erudites” - final competition on knowledge of clinical guidelines among young cardiologists</td>
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<td>Symposium «Treatment optimization for patients with stable coronary artery disease» (supported by PIK-FARMA)</td>
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<tr>
<td>16.00 - 18.00</td>
<td>Balny 1</td>
<td>Symposium “Unresolved issues of cerebro-protection in patients with cardiovascular diseases”</td>
<td>Symposium “Medical treatment of tachyarrhythmias”</td>
<td>Symposium “Prevention of atherosclerosis: effective and safe risk minimization”</td>
<td>«The best recipes from the leading experts» (supported by Servier)</td>
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<th>Prokofiev 3</th>
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<td></td>
<td>Presentations by winners of the Young Scientists Competition</td>
<td>Echo-cardiography educational session: assessment of main valvular heart diseases</td>
<td>Discussion club The Russian Society of Cardiology and the Antihypertensive League: “What AH national guidelines are necessary for a practical doctors in Russia?”</td>
<td>Historic session</td>
<td>Educational seminar “Cardiology 2014”</td>
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</table>
Symposium “Are there peculiarities in primary and secondary prevention of cardiovascular disease in women?”

Chairpersons: Glezer M.G. (Moscow), Chesnikova A.I. (Rostov-on-Don)


- Chesnikova A.I. (Rostov-on-Don). Blockade of the renin-angiotensin-aldosterone system in cardiovascular diseases: choosing a “female line” of drugs.

- Tarlovskaya E.I. (Kirov). The use of statins in women: any reason for special administration?

- Koziolova N.A. (Perm). The current strategy of hypoglycemic therapy: how can a cardiologist help an endocrinologist to treat diabetes in women?
**HALL TOLSTOIY**  
12.00–13.40

**SYMPOSIUM «PREVENTION OF CARDIOVASCULAR RISK IN CARDIAC PATIENTS WITH HYPERCHOLESTEROLEMIA AND ARTERIAL HYPERTENSION. RAKURS TRIAL. NITRESAN (Nitrendipinum) - THE NEW CALCIUM ANTAGONIST AT THE RUSSIAN MARKET» (SUPPORTED BY PRO.MED Cs Praha a.s.)**

Chairperson: Martsevich S.Yu. (Moscow)

- **Martsevich S.Yu. (Moscow).** The results of the RAKURS trial. The problem of stroke prevention. The Nitrendipinum role. International data.

- **Pavlova T.V. (Samara).** Modern approaches in the hypertension treatment. The Indapamide and Nitrendipinum role. NITRESAN (Nitrendipinum) - the new calcium antagonist at the Russian market.

- **Trukhan D.I. (Omsk).** Drug safety and rational pharmacotherapy in cardiology. The PERSPECTIVE program.

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**HALL DOSTOEVSKY**  
12.00–13.40

**EDUCATIONAL SESSION FOR CCU CARDIOLOGISTS: «NEW OPTIONS FOR INOTROPES IN DIFFERENT PATIENTS GROUPS» (SUPPORTED BY “ORION PHARMA”)**

Chairperson: Matskeplishvili S.T. (Moscow)


- **Matskeplishvili S.T. (Moscow).** Repetitive use of inotropes for severe chronic heart failure. Clinical data, practical aspects and prospects.

- **Yakovlev A.N. (Saint-Petersburg).** Inotrope therapy: approaches to treatment of acute heart failure.

- **Discussion.**
TUESDAY, 23 SEPTEMBER
PRE-CONGRESS SESSIONS

Hall
Tchaikovsky 1
12.00–13.40
Symposium “Topical issues of blood pressure self-monitoring” (Supported by ComplectService (Omron))
Chairperson: Ageev F.T. (Moscow)
- Ageev F.T. (Moscow). Factors increasing AH patients compliance.
- Rogoza A.N. (Moscow). Master class: Identifying the lower limbs stenoses with a high accuracy tonometer.

Hall
Tchaikovsky 2
12.00–13.40
Echocardiography educational session “Heart chamber quantification”
Chairpersons: Vasyuk Yu.A. (Moscow), Khadzegova A.B. (Moscow)
- Shkolnik E.L. (Moscow). Basics of ultrasound physics and ways to optimize imaging.
**Hall**

**SHOSTAKOVICH 1**  
12.00–13.40

**Symposium “Rivaroxaban: Practical Issues”**  
(*Supported by Bayer*)

Chairpersons: Galyavich A.S. (Kazan), Sulimov V.A. (Moscow).

- **Galyavich A.S. (Kazan).** Atrial fibrillation 2014: from risk factors to complications prevention.
- **Sulimov V.A. (Moscow).** Cardioversion and new oral anticoagulants: which questions were answered by X-VER trial?
- **Sychev D. A. (Moscow).** Justification of the frequency of new oral anticoagulants administration in patients with atrial fibrillation: a clinical pharmacologist’s point of view.

**Hall**

**SHOSTAKOVICH 2**  
12.00–13.40

**Joint Symposium of the National Society of Atherothrombosis and the Russian Society of Cardiology “Thrombosis and Antithrombotic Therapy: From Bench to Bedside”**


- **Berezovskaya G.A. (Saint-Petersburg).** Thrombine generation test and antiplatelet agents.
- **Guskova E.V., Komarov A.L., Dobrovolsky A.B., Panchenko E.P. (Moscow).** Residual platelet reactivity and clopidogrel pharmacogenetics in coronary artery disease patients after PCI.
- **Moreva O.V., Kropacheva E.S., Zemlyanskaya O.A., Trofimov D.Yu., Dobrovolskiy A.B., Panchenko E.P. (Moscow).** HAS-BLED, HEMORR2HAGES scales significance and pharmacogenetic investigation to assess bleeding risk in patients on Warfarin therapy.
- **Knyazev A.S., Yavelov I.S., Gratsianskiy N.A. (Moscow).** Early cessation of anticoagulant treatment in low risk patients with acute coronary syndrome without stable ST elevation.
**Hall Prokofiev 1-2**

12.00–13.40


- Demin A.A. (Novosibirsk), Tyurin V.P. (Moscow)

  - Infectious endocarditis.
  - Myocarditis.
  - Pericardium diseases.

**Hall Balny 1-2**

14.00–16.00

**Educational Session of the National Society of Atherothrombosis and the Russian Society of Cardiology “Prevention and Treatment of Thrombosis – Current View on the Old Problem”**

Chairpersons: Panchenko E.P. (Moscow), Yavelov I.S. (Moscow), Parfenov V.A. (Moscow)

- Parfenov V.A. (Moscow). A patient with atrial fibrillation had a stroke. How to choose the therapy?

16.00-16.20 **Coffee-break**
**Hall Pushkin**

14.00–15.40

**Symposium “Treatment of arrhythmias. Paroxysm alleviation and prevention. New opportunities” (supported by PRO.MED Cs Praha a.s.)**

Chairperson: Pozdnyakov Yu.M. (Moscow)

- **Pozdnyakov Yu.M. (Moscow).** Arrhythmias in Russia. Club of arrhythmologists.
- **Bunin Yu.A. (Moscow).** Emergency pharmacotherapy for paroxysmal tachycardia.
- **Miller O.N. (Novosibirsk).** Propanorm in paroxysm alleviation. Propanorm injections as a new product at the Russian market.
- **Doschitsin V. (Moscow).** Preventive therapy of arrhythmias. Efficacy and safety issues.

**Hall Tolstoy**

14.00–15.40

**Symposium “Roadmaps for a cardiology clinic. Outpatient and inpatient cluster in the programme of hospital mortality reduction for patients with cardiovascular diseases” (supported by Pharmstandard)**

Chairperson: Vertkin A.L. (Moscow)

- **Vertkin A.L. (Moscow).** Outpatient and inpatient cluster in the programme of hospital mortality reduction for patients with cardiovascular diseases.
- **Borovkov N.N. (Nizhny Novgorod).** Cytoprotectors in complex therapy of chronic coronary artery disease.
- **Mikhin V.P. (Kursk)** Functional recovery of myocardium during inpatient and outpatient rehabilitation of patients with acute coronary syndrome. Cardio- and cytoprotection opportunities.
**Hall Dostoevsky**

**14.00–15.40**

**Symposium “Topical Issues of Interventional Cardiology” (Supported by Sanofi)**

Chairpersons: Samko A.N. (Moscow), Staroverov I.I. (Moscow), Pershukov I.V. (Moscow)

- **Samko A.N. (Moscow).** New approaches in interventional cardiology.
- **Pershukov I.V. (Moscow).** Current international regulations on myocardial revascularization and clinical practice.
- **Staroverov I.I. (Moscow).** Clinical case analysis.

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**Hall Tchaikovsky 1**

**14.00–15.40**

**Symposium “Therapy Standards in Case of High Cardiovascular Risk” (Supported by Vertex)**

Chairpersons: Sitnikova M.Yu. (Saint-Petersburg), Nedoshivin A.O. (Saint-Petersburg), Ostroumova O.D. (Moscow)

- **Nedoshivin A.O. (Saint-Petersburg).** European guidelines on stable angina.
- **Ostroumova O.D. (Moscow).** The brain as a target organ in cardiovascular diseases.
- **Sitnikova M.Yu. (Saint-Petersburg).** Chronic heart failure 2014: focus on early stages.
ECHOCARDIOGRAPHY EDUCATIONAL SESSION “SYSTOLIC AND DIASTOLIC FUNCTION ASSESSMENT”

Chairpersons: Sedov V.P (Moscow), Saidova M.A. (Moscow)

- Khadzegova A.B. (Moscow), Shkolnik E.L. (Moscow). Practical training on systolic and diastolic function assessment.

SYMPOSIUM “ATHEROSCLEROSIS AND OSTEOPOROSIS: ANY AREAS OF CONTACT?”

Chairpersons: Ageev F.T. (Moscow), Nebieridze D.V. (Moscow), Skripnikova I.A. (Moscow).

- Ageev F.T. (Moscow), Barinova I.V. (Moscow), Svirida O.A. (Moscow). Abnormalities of bone mineral density and arterial stiffness: is there a link?
- Nebieridze D.V. (Moscow). Is it possible to prevent the development of osteoporosis by cardiac agents?
- Skripnikova I.A. (Moscow). Association between antihypertensive therapy and osteoporosis and fractures.
- Akhmedzhanov N.M. (Moscow). The effect of lipid-lowering therapy on osteoporosis development.
HALL
SHOSTAKOVICH 2
14.00–15.40
“Battle of erudites” - final competition on knowledge of clinical guidelines among young cardiologists
Moderators: Matskeplishvili S.T. (Moscow), Kontsevaya A.V. (Moscow)
The jury: Shalnova S.A. (Moscow), Drozdova L.Yu. (Moscow)
• Teams:
  • 1. Diamond chariot (Saint-Peterburg)
  • 2. Yugra (Khanty-Mansiysk)
  • 3. The Samara cardiologists (Samara)

HALL
PROKOFIEV 1-2
14.00–15.40
Symposium “Treatment optimization for patients with stable coronary artery disease” (supported by PIK-FARMA)
Chairpersons: Karpov Yu.A. (Moscow), Pozdnyakov Yu.M. (Moscow), Oganov R.G. (Moscow), Martsevich S.Yu. (Moscow)
• Karpov Yu.A. (Moscow). Stable angina: the optimal medical therapy.
• Martsevich S.Yu. (Moscow). Nicorandil: data of the recent clinical trials and their value for clinical practice.
• Sizova Zh.M. (Moscow). Nicorandil in correction of endothelium vasoregulating function in patients with coronary artery disease.
• Mozheyko M.E. (Yaroslavl). Choosing optimal therapy for a patient with coronary artery disease.
**Hall Balny 1-2**

16.20–18.30

**Educational session of National Society of Atherothrombosis and Russian Society of Cardiology**

“Prevention and treatment of thrombosis – current view on the old problem” (continuation)

Chairpersons: Panchenko E.P. (Moscow), Yavelov I.S. (Moscow), Parfenov V.A. (Moscow)

- **Yavelov I.S. (Moscow).** A patient had acute coronary syndrome. Which antithrombotic agent does he need during the following year?
- **Panchenko E.P. (Moscow).** Venous thrombosis and pulmonary embolism. What is new in the treatment strategies?
- **Parfenov V.A. (Moscow).** Clinical case.
- Discussion.

**Hall Pushkin**

16.00–18.00

**Symposium “Unresolved issues of cerebroprotection in patients with cardiovascular diseases”**

Chairpersons: Galyavich A.S. (Kazan), Ostroumova O.D. (Moscow)

- **Galyavich A.S. (Kazan).** Statins in stroke prevention: are all issues resolved?
- **Khasanova D.R. (Kazan).** 2D syndrome as a risk factor of acute vascular events.
- **Podzolkov V.I. (Moscow).** Oral contraceptives: “young women killers”?
- **Kislyak O.A. (Moscow).** Stroke prevention in atrial fibrillation: is the best the enemy of the good?
- **Ostroumova O.D. (Moscow).** Antihypertensive therapy in stroke prevention: new and understudied risk factors and their correction.
**Hall Tolstoy**

**16.00–18.00**

**Symposium “Medical treatment of tachyarrhythmias” (supported by Sanofi)**

Chairpersons: Golitsyn S.P. (Moscow), Shubik Yu.V. (Saint-Petersburg), Medvedev M.M. (Saint-Petersburg)

- **Shubik Yu.V. (Saint-Petersburg).** Treatment of atrial fibrillation: a review of recent guidelines.
- **Medvedev M.M. (Saint-Petersburg).** Urgent sinus rhythm restoration for supraventricular and ventricular tachyarrhythmias.
- **Golitsyn S.P. (Moscow).** Sudden arrhythmia death and possibilities of its medical prevention.

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**Hall Dostoevsky**

**16.00–18.00**

**Symposium “Prevention of atherosclerosis: effective and safe risk minimization”**

Chairperson: Oganov R.G. (Moscow)

- **Oganov R.G. (Moscow).** Correct dyslipidemia strategy: objectives and approaches, challenges and opportunities.
- **Nebieridze D.V. (Moscow), Akhmedzhanov N.M. (Moscow).** EFFES: resources of dyslipidemia management based on the trial results.
- **Khokhlov R.A. (Moscow).** Correction of dyslipidemia and cumulative cardiovascular risk in patients with mild hypertension.
**Hall Lermontov**
16.00–18.00

«**The best recipes from the leading experts**»
(Supported by Servier)

Chairperson: Karpov Yu.A. (Moscow)

- **Karpov Yu.A. (Moscow).** “Secrets of the French cuisine”: quality of BP control as the treatment efficacy indicator.
- **Ostroumova O.D. (Moscow).** “The English Breakfast”: control of BP-variability as a criteria of effective AH agent.
- **Ageev F.T. (Moscow).** “The extreme menu”: essential ingredients of BP-control under special conditions.
- **Ryazantsev S.V. (Saint-Petersburg).** “The autumn menu”: everything starts from a common cold.

**Hall Tchaikovsky 1**
16.00–18.00

**Presentations by winners of the Young Scientists Competition**

Chairpersons: Duplyakov D.V. (Samara), Kontsevaya A.V. (Moscow)

- **Travnikova E.O. (Ufa).** The effect of heart rate and other risk factors on outcomes in patients with acute coronary syndrome.
- **Ukolova Yu.Yu. (Novosibirsk).** Determinants of intima-media thickness changes in carotid artery in older women.
- **Balatskiy A.V. (Moscow).** Gene polymorphism of urokinase-type plasminogen activator pathway and its association with plaque destabilization.
- **Cabrera Fuentes H. (Kazan).** RNase1 prevents the negative interaction between extracellular RNA and TNF-α in ischemia/reperfusion injury.
ECHOCARDIOGRAPHY EDUCATIONAL SESSION: ASSESSMENT OF MAIN VALVULAR HEART DISEASES

Chairpersons: Matskeplishvili S.T. (Moscow), Shkolnik E.L. (Moscow)

- Sedov V.P. (Moscow). Mitral stenosis assessment.
- Khadzegova A.B. (Moscow), Saidova M.A. (Moscow), Sedov V.P. (Moscow). Practical training on aortic and mitral valve stenosis and regurgitation.
DISCUSSION CLUB

THE RUSSIAN SOCIETY OF CARDIOLOGY AND THE ANTIHYPERTENSIVE LEAGUE: “WHAT AH NATIONAL GUIDELINES ARE NECESSARY FOR A PRACTICAL DOCTORS IN RUSSIA?”

Chairpersons: Baranova E.I. (Saint-Petersburg), Kobalava Zh.D. (Moscow), Konradi A.O. (Saint-Petersburg), Nedogoda S.V. (Volgograd)

Part I

• Kobalava Zh.D. (Moscow). Advantages and disadvantages of European AH guidelines.
• Baranova E.I. (Saint-Petersburg). Advantages and disadvantages of ASH/ISH guidelines.
• Konradi A.O. (Saint-Petersburg). Advantages and disadvantages of JNC guidelines.
• Nedogoda S.V. (Volgograd). Advantages and disadvantages of NICE CHEP guidelines.

Part II

• Discussion: What AH national guidelines are necessary for a practical doctors in Russia?
• Participants: Baranova E.I. (Saint-Petersburg), Kobalava Zh.D. (Moscow), Konradi A.O. (Saint-Petersburg), Nedogoda S.V. (Volgograd)
**HALL SHOSTAKOVICH 2**
16.00–18.00

**HISTORIC SESSION**
Presidium: Galyavich A.S. (Kazan), Kolpakov E.V. (Moscow)


- **Kolpakov E.V. (Moscow).** A.F. Samoylov – classic cardiac electrophysiology (the first ECG description and clinical signs of its pathologic changes, electrophysiology of arrhythmia).

- **Stongin A.V. (Moscow).** Evolution of surgical (non-drug) treatment of atrial fibrillation.

**HALL PROKOFIEV 1-2**
16.00–18.00

**EDUCATIONAL SEMINAR “CARDIOLOGY 2014”**
Chairperson: Demin A.A. (Novisibirsk)

- **Demin A.A. (Novisibirsk).** Clinical case: «Cardiovascular safety of NSAIDs and new guidelines for osteoarthritis treatment” (following OARSI 2014 in Paris)

### Wednesday, 24 September

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<tr>
<th>Time</th>
<th>Location</th>
<th>Session/Activity</th>
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<td>09.00 - 10.40</td>
<td>Balny 1</td>
<td>Plenary session Innovate technologies and visualization in cardiology</td>
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<td>Balny 2</td>
<td>Symposium «Results of SIGNIFY* study: questions and answers» (supported by Servier)</td>
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<td>Pushkin</td>
<td>«Symposium “The correct solution in the treatment of cardiovascular diseases!” (supported by Gedeon Richter)»</td>
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<td>Symposium “Prevention and pharmacotherapy of socially significant cardiovascular diseases in women during different periods of life”</td>
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<td>10.40 - 11.00</td>
<td>Break</td>
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<td>11.00 - 12.40</td>
<td>Plenary Session Joint session of the Russian Society of Cardiology, the Russian Association of Cardiovascular Surgeons and the Russian Scientific Society of Endovascular Surgeons and Interventional Radiologists “Healthcare organization for patients with myocardial infarction in Russia within the European Initiative “Stent for Life”</td>
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<td>Pushkin</td>
<td>Scientific session of the Russian Society of Cardiology (section of Rehabilitation and Secondary Prevention in Cardiology) and the Russian Society of Cardiosomatic Rehabilitation and Secondary Prevention “Towards new horizons of cardiorehabilitation in the Russian Federation”</td>
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<td>Tolstoy</td>
<td>Symposium «Primary prevention as a chance to reduce the risk of cardiovascular death»</td>
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<td>Dostoevsky</td>
<td>Symposium «Current opportunities of treatment of coronary artery disease in clinical practice. How to increase the effectiveness of therapy? (supported by Berlin-Chemie/A. Menarini)</td>
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<td>Lermontov</td>
<td>Symposium “The legacy of S.S. Zimnitsky: a century later”</td>
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<td>12.40 - 13.40</td>
<td>Break</td>
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<td>Chekhov</td>
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<td>Symposium “Noninvasive methods of stable angina pectoris and heart failure diagnostics and treatment”</td>
<td>«Symposium “Roadmap for cardiovascular disease management” (supported by Sandoz)”</td>
<td>Discussion “Myocardial infarction: how to formulate a diagnosis”</td>
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**Wednesday, 24 September**

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<th>13.40 -15.10</th>
<th>Balny 1</th>
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<tr>
<td><strong>Balny 1</strong></td>
<td>Plenary session</td>
<td>Risk factors and prevention of cardiovascular diseases</td>
<td><strong>Symposium “Cardiology in cardiosurgery”</strong> (supported by KRKA)</td>
<td><strong>Symposium “Fortress of our health”</strong> (supported by Astra Zeneca)</td>
<td><strong>Symposium “Prevention of venous thromboembolic complications in Cardiology Department”</strong> (supported by Sanofi)</td>
<td><strong>Symposium “Modern techniques to visualize myocardial mechanics”</strong></td>
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<th>15.10 -15.30</th>
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| 15.30 -17.00 | Symposium “New approaches in pharma-invasive strategy in STEMI” (supported by Boehringer Ingelheim) | Symposium “Duration of dual antiplatelet therapy: how to maintain the recommended course?” (supported by Sanofi) | Symposium “Controversial issues of AH therapy” | Symposium “Consultation by a cardiologist”. Educational session «Outpatient cardiology» (supported by Actavis) | Practical seminar “3D-echo-cardiography: practical training” |

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<th>17.00 -17.30</th>
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| 17.30 -19.30 | Awarding Ceremonies: Russian Society of Cardiology Prize 2014 and Young Scientists Contest 2014. |

<p>| 19.30 | Welcome Reception |</p>
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<td>Symposium “Rare and difficult diagnoses in cardiology”</td>
<td>Symposium «Diversity of goals and objectives in the treatment of patients with arterial hypertension: in search of universal solutions» (supported by Servier)</td>
<td>Roundtable “Heart team” in the treatment of patients with heart failure” (clinical debates)</td>
<td>Symposium “Left ventricular hypertrophy syndrome” Session 4. Myocardial hypertrophy due to inherited metabolic disorders»</td>
<td>Symposium “Hyper-tension: the art of disease control” (supported by Pfizer)»</td>
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<td>Symposium “Central (aortic) pressure and reflected waves in clinical and physiological investigations and clinical practice. Pros and cons. Is it time or is it too late?”</td>
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<td>Symposium “Microvascular angina: modern concepts of pathogenesis, diagnosis, treatment and prognosis”</td>
<td>Workshop session “Rational pharmacotherapy”</td>
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<td>Symposium “Syncope: classification, pathophysiology, diagnosis”</td>
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**HALL BALNY 1**
09.00–10.40

**PLENARY SESSION**

**INNOVATE TECHNOLOGIES AND VISUALIZATION IN CARDIOLOGY**

Presidium: Vardas P. (Greece), Vasyuk Yu.A. (Moscow)

- **Vardas P. (Greece).** Medical innovation as a pillar for the sustainability of health care systems. The next two decades.
- **Mehta S. (USA).** Role of telemedicine in management of acute myocardial infarction.
- **Nedeljkovic M. (Serbia).** TAVI indication shift toward patients with lower surgical risk.
- **Vasyuk Yu.A. (Moscow).** Cardiac oncology: the role of visualization methods.
- **Kedev S. (Former Yugoslav Republic of Macedonia (FYROM).** Radial access in primary PCI.

**HALL BALNY 2**
09.00–10.40

**SYMPOSIUM «RESULTS OF SIGNIFY* STUDY: QUESTIONS AND ANSWERS»**

*SIGNIFY: Study assessing the morbidity-mortality benefits of the If-inhibitor ivabradine in patients with coronary artery disease (supported by Servier)

Chairpersons: Karpov Yu.A. (Moscow), Mareev V.Yu. (Moscow)

- **Karpov Yu.A. (Moscow).** Prerequisites to SIGNIFY study.
- **Mareev V.Yu. (Moscow).** SIGNIFY study: results.
- **Discussion club:** Karpov Yu.A. (Moscow), Mareev V.Yu. (Moscow), Glezer M.G. (Moscow), Lopatin Yu.M. (Volgograd), Gilyarevskiy S.R. (Moscow), Koziolova N.A. (Perm)
**Hall Pushkin** 09.00–10.40

*Symposium “The correct solution in the treatment of cardiovascular diseases!” (Supported by Gedeon Richter)*

Chairpersons: Galyavich A.S. (Kazan), Karpov Yu.A. (Moscow), Baranova E.I. (Saint-Petersburg)

- **Karpov Yu.A. (Moscow).** Hypertension and hypercholesterolemia – two sides of the same coin.
- **Galyavich A.S. (Kazan).** Practical aspects of the treatment of patients with coronary artery disease and arterial hypertension.
- **Baranova E.I. (Saint-Petersburg).** “Difficult” patient with comorbidity: how to treat, how to raise compliance?

**Hall Tolstoy** 09.00–10.40

*Symposium “Diuretic therapy: difficulties, unsolved and solved problems”*

Chairperson: Arutyunov G.P. (Moscow)

- **Koziolova N.A. (Perm).** Diuretic therapy: mandatory and necessary conditions for administration in chronic heart failure.
- **Orlova Ya.A. (Moscow).** Going slowly to go fast. Long-acting diuretics for arterial hypertension.
- **Arutyunov G.P. (Moscow).** Difficulties in diuretics administration in daily practice. Coordinated and uncoordinated positions.
Symposium “The possibility to increase the efficacy and safety of long-term antithrombotic therapy in patients with coronary artery disease” (supported by Dr. Reddy’s)

Chairperson: Mazur N.A. (Moscow)

- Yakusevich V.V. (Yaroslavl). Prevention and treatment of adverse effects of antithrombotic therapy.
- Mazur N.A. (Moscow). The necessity to monitor effectiveness of antiplatelet therapy.

Symposium “Prevention and pharmacotherapy of socially significant cardiovascular diseases in women during different periods of life”

Chairpersons: Kislyak O.A. (Moscow), Stryuk R.I. (Moscow)

- Brytkova Ya.V. (Moscow), Gomova I.S. (Moscow). Endothelial dysfunction as an early marker of arterial hypertension in perimenopausal women.
- Kislyak O.A. (Moscow). Arterial hypertension in women during early postmenopausal period. What should we do?
- Starodubova A.V. (Moscow). Is prevention of diabetes mellitus possible in postmenopausal women?
- Stryuk R.I. (Moscow), Schepetkova G.S. (Moscow). Physiological metabolic syndrome and pregnancy. Should we interfere?
**Hall Chekhov**
09.00–10.40

**Symposium “Noninvasive Methods of Stable Angina Pectoris and Heart Failure Diagnostics and Treatment”**
Chairpersons: Vasyuk Yu.A. (Moscow), Karpov R.S. (Tomsk)

- **Shkolnik E.L. (Moscow).** The role of noninvasive diagnostics in management of patients with stable angina pectoris and chronic heart failure.
- **Vasyuk Yu.A. (Moscow).** Cardiac shock wave therapy. Main approaches and perspectives
- **Ryabov V.V. (Tomsk).** Enhanced external counterpulsation in patients with coronary artery disease and chronic heart failure.

**Hall Tchaikovsky 1**
09.00–10.40

**Symposium “Roadmap for Cardiovascular Disease Management” (Supported by Sandoz)**
Chairpersons: Fogari R. (Италия), Napalkov D.A. (Moscow), Sergienko I.V. (Moscow)

- **Fogari R. (Italy).** The new approaches in AH treatment in Europe.
- **Sergienko I.V. (Moscow).** Lipid-lowering therapy: efficacy or safety?
- **Napalkov D.A. (Moscow).** Arterial hypertension management: achieving results.

**Hall Tchaikovsky 2**
09.00–10.40

**Discussion “Myocardial Infarction: How to Formulate a Diagnosis”**
Moderators: Gratsiansky N.A. (Moscow), Mazur N.A. (Moscow)

- **Participants:** Belyalov F.I. (Irkutsk), Vaisman D.A. (Moscow), Shpector A.V. (Moscow), Erlikh A.D. (Moscow), Yakushin S.S. (Ryazan)
**Symposium “Left ventricular hypertrophy syndrome”**

**Session 1. Differential diagnosis and risk stratification**

Chairperson: Sandrikov V.A. (Moscow)

- **Krylova N.S., Krylov A.L. (Moscow).** Differential diagnosis of hypertrophic cardiomyopathy and hypertensive heart disease with exercise testing.

- **Kulagina T.Yu., Van E.V. (Moscow).** Hypertrophic cardiomyopathy in adults and hypertension: assessment of myocardial function based on the study of blood flow in the heart cavities.

- **Mikhailov E.N. (St. Petersburg).** Treatment of rhythm disorders in patients with hypertrophic cardiomyopathy.

- **Makarov L.M. (Moscow).** Athlete’s heart and sudden death.
Symposium “Genetics of multifactorial diseases - from genome sequencing to identifying susceptibility”

Chairpersons: Kostareva A.A. (Saint-Petersburg), Nosikov V.V. (Moscow), Zateischikov D.A. (Moscow)

- Kostareva A.A. (Saint-Petersburg). New generation opportunities of sequencing in the diagnosis of hereditary heart diseases.


- Shesternya P.A. (Krasnoyarsk), Nikulina S.Yu. (Krasnoyarsk), Shulman V.A. (Krasnoyarsk), Maksimov V.N. (Novosibirsk), Demkina A.I. (Krasnoyarsk), Sergeeva A.S. (Krasnoyarsk). Genetic screening of patients with myocardial infarction.


- Khromova N.V., Rotar O.P., Dudorova E.N., Konradi A.O., Solntsev V.A., Kostareva A.A. (Saint-Petersburg), Libis R.A. (Orenburg), Duplyakov D.V. (Samara). Verification of genetic data in the Russian population according to the national study ESSE-RF.

**Hall Prokofiev 1-2**

**Symposium “Combination therapy in patients with arterial hypertension and high cardiovascular risk. Many solutions, one goal.” (Supported by Recordati)**

Chairperson: Arutyunov G.P. (Moscow)

- **Gleser M.G. (Moscow).** Combination therapy. The role of separate components.
- **Arutyunov G.P. (Moscow).** Kidneys as a target in patients with arterial hypertension. Accumulated impact on one point: nephroprotection.
- **Ostroumova O.D. (Moscow).** Desirable or real? Problems of compliance to antihypertensive therapy.

**Hall Prokofiev 3**

**Symposium “Topical issues of cardiovascular diseases epidemiology in the Russian Federation”**

Chairpersons: Boitsov S.A. (Moscow), Voevoda M.I. (Novosibirsk), Konradi A.O. (Saint-Petersburg)

- **Boitsov S.A. (Moscow).** Why is epidemiology again in the focus?
- **Voevoda M.I. (Novosibirsk).** Genetic predictors of cardiovascular diseases in open population.
- **Dobrovolskiy A.B. (Moscow), Yarova E.B. (Moscow), Trubacheva I.A. (Tomsk), Kaveshnikov V.S. (Tomsk), Zhernakova Yu.V. (Moscow), Karpov R.S. (Tomsk).** Coagulologic cardiovascular risk factors and their relationship with demographic and clinical parameters in the population of Tomsk.
- **Balanova Yu.A., Kontsevaya A.V., Shalnova S.A. (Moscow).** Behavioral risk factors: any possibilities of correction in primary care?
Plenary Session

Joint session of the Russian Society of Cardiology, the Russian Association of Cardiovascular Surgeons and the Russian Scientific Society of Endovascular Surgeons and Interventional Radiologists

“Healthcare organization for patients with myocardial infarction in Russia within the European Initiative “Stent for Life”

Presidium: Shlyakhto E.V. (Saint-Petersburg), Bokeria L.A. (Moscow), Kala P. (Czech Republic), Alekyan B.G. (Moscow)

Results and achievements of European «Stent for Life» standards implementation

- **Kala P. (Czech Republic).** Results and achievements of European «Stent for Life» standards implementation
- **Shpector A.V. (Moscow).** Medical care organization for patients with acute coronary syndrome in Moscow.
- **Yakovlev A.N. (Saint-Petersburg).** Medical care organization for patients with acute coronary syndrome in Saint-Petersburg.
- **Alekyan B.G. (Moscow).** Endovascular therapy for acute coronary syndrome in the Russian Federation.
- **Ganyukov V.I. (Kemerovo).** Achievements and problems of «Stent for Life» development in Siberia.
SYMPOSIUM “WINNING ARTERIAL HYPERTENSION! MAIN STAGES OF THERAPY AND ACHIEVEMENT OF THE MAIN GOALS” (SUPPORTED BY KRKA)

Chairperson: Boitsov S.A. (Moscow)

- **Boitsov S.A. (Moscow).** The enemy is looking for weak places the heart and vessels protection. Correct diagnosis: forewarned is forearmed.

- **Nedogoda S.V. (Volgograd).** New maneuver: metabolic abnormalities in patients with cardiovascular disorders.

- **Tkacheva O.N. (Moscow).** To win we need a clear head! Cerebroprotection in arterial hypertension.

- **Gilyarevskiy S.R. (Moscow).** Central aortic pressure as a new goal in the victory over arterial hypertension.

- **Galyavich A.S. (Kazan).** Everybody in sight.
**Hall Pushkin**  
11.00–12.40

**Scientific session of the Russian Society of Cardiology (section of Rehabilitation and Secondary Prevention in Cardiology) and the Russian Society of Cardiosomatic Rehabilitation and Secondary Prevention “Towards new horizons of cardiorehabilitation in the Russian Federation”**

Chairpersons: Aronov D.M. (Moscow), Karpov R.S. (Tomsk)

- **Aronov D. M. (Moscow).** Physical training programme: the main tool in the effective cardiorehabilitation.

- **Akchurin R.S. (Moscow).** Rehabilitation of postoperative patients as one of the most important goals in the compulsory health insurance programme.

- **Bubnova M.G. (Moscow).** Effectiveness of rehabilitation programmes for patients with comorbidity.


**Hall Tolstoy**  
11.00–12.40

**Symposium “Primary prevention as a chance to reduce the risk of cardiovascular death”**

Chairperson: Zhirov I.V. (Moscow)

- **Melekhov A.V. (Moscow).** Contemporary view on the primary prevention of cardiovascular events.

- **Tkacheva O.N. (Moscow).** Antiplatelet agents in primary prevention.

- **Zhirov I.V. (Moscow).** The efficacy and safety of modern antiplatelet agents.
Symposium “Current opportunities of treatment of coronary artery disease in clinical practice. How to increase the effectiveness of therapy? (supported by Berlin-Chemie/A.Menarini)

Chairperson: Karpov Yu.A. (Moscow)

- **Karpov Yu.A. (Moscow).** Treatment of coronary artery disease: what can be changed in the clinical practice in our country?
- **Vasyuk Yu.A. (Moscow).** The problem of choice: how to find an optimal solution?
- **Galyavich A.S. (Kazan).** Practical issues coronary artery disease treatment optimization.

Symposium “The legacy of S.S. Zimnitsky: a century later”

Presidium: Ivanov S.N. (Moscow), Savenkov M.P. (Moscow)

- **Savenkova M.S. (Moscow).** Professor of the Kazan University Semyon Semyonovich Zimnitsky: clinician, scientist, and patriot: Renaissance of ideas and ideals!
- **Ivanov S.N. (Moscow).** Diuresis and arterial hypertension: assessment methods and pathogenetic association.
- **Savenkov M. P. (Moscow).** The choice and dosage of diuretic antihypertensive therapy with diuresis monitoring.
- **Mikhailusova M.P. (Moscow).** Diuretic therapy for outpatients, the role of informing patients.
**Hall Chekhov**  
11.00–12.40

**Symposium “Topical Issues of Diagnosis and Treatment of Heart Failure with Preserved Ejection Fraction”**

Chairpersons: Libis R.A. (Orenburg), Ageev F.T. (Moscow)

- **Shaposhnik I. I. (Chelyabinsk).** Diagnosis of chronic heart failure with preserved ejection fraction: how to verify the diagnosis?

- **Statsenko M.E. (Volgograd).** The clinical impact of major arteries elasticity disorders and the microcirculation in patients with chronic heart failure and diabetes mellitus II.

- **Libis R.A., Isaeva E.N. (Orenburg).** The level of adiponectin, NT-proBNP and diastolic function in patients with metabolic syndrome.

- **Sitnikova M.Yu. (Saint-Petersburg).** The well known and novelties in therapy of chronic heart failure with preserved ejection fraction.

**Hall Tchaikovsky 1**  
11.00–12.40

**Symposium “Heart Transplantation”**

Chairperson: Gotye S.V. (Moscow)

- **Gotye S.V. (Moscow).** Heart transplantation in the Russian Federation: achievements, problems and perspectives.

- **Poptsov V.N. (Moscow).** Topical issues in heart transplantation preparation and implementation.

- **Karpenko M.A. (Saint-Petersburg).** Induction therapy in heart transplantation: challenges and new approaches.

- **Shevchenko A.O (Moscow).** Long-term clinical management of heart transplant recipients.
SYMPOSIUM «SPORTS CARDIOLOGY: FROM CLINICAL PRACTICE TO EVIDENCE-BASED STUDIES»

Chairpersons: Akchurin R.S. (Moscow), Smolenskiy A.V. (Moscow), Gavrilova E.A. (Saint-Petersburg)

- **Smolenskiy A.V. (Moscow).** Modern approaches to assessment of left ventricular remodeling in athletes.
- **Mikhailova A.V. (Moscow).** Approaches to prevention of cardiovascular overexertion risk factors in athletes.
- **Leonova N.M. (Moscow).** Morphofunctional and clinical cardiovascular risk factors in young athletes.
- **Bagmanova Z.A. (Ufa).** Atypical angina pectoris in young patients with high tolerance to physical exercise.
SYMPOSIUM “LEFT VENTRICULAR HYPERTROPHY SYNDROME”

SESSION 2. INVOLVITIONAL (AGE-RELATED) AORTIC VALVULAR HEART DISEASE

Chairperson: Dzemeshkevich S.L. (Moscow)

- Gordeev M.L. (Saint-Petersburg). Types and peculiarities of mechanical valve prostheses.
- Polyak M.E., Rumyantseva V.A. (Moscow). Pharmacogenetics in selecting anticoagulant therapy after heart valve replacement.
Symposium “Familial hypercholesterolemia problem solving in the Russian Federation. An ocean of opportunities”

Chairpersons: Karpov Yu.A. (Moscow), Kukharchuk V.V. (Moscow)

- **Karpov Yu.A. (Moscow).** Opening Remarks. All hands on deck!
- **Hovingh K. (Netherlands).** Review of existing diagnostic criteria of family hypercholesterolemia and and possibilities of genetic testing: the Netherlands start-up. Cast off the lines!
- **Ezhov M.V. (Moscow).** Problems in identification of individuals at high cardiovascular risk. Dead calm.
- **Banach M. (Poland).** Harmonization of FH disease outcomes and recommendations for future research: experience of FH Registry in Poland. On the farther shore.
- **Sergienko I.V. (Moscow).** Lipid profile as a screening tool. Development of the Russian FH Registry. Light breeze.
- **Balakhonova T.V. (Moscow).** Ultrasound investigation of carotid arteries: new technologies. Undiscovered islands.
- **Sokolov A.A. (Moscow).** Exploring the possibilities of government support in the treatment of patients with inherited disorders of lipid metabolism. Man overboard
- **Safarova M.S. (Moscow).** The Russian National Atherosclerosis Society Programme for FH patients. Fair winds and following seas!
- **Kukharchuk V.V. (Moscow).** Closing remarks. In full sail!
SYMPOSIUM “ROLE OF ALDOSTERONE ANTAGONISTS AS A PART OF STANDARD THERAPY IN PATIENTS WITH HEART FAILURE AFTER ACUTE MYOCARDIAL INFARCTION.” (SUPPORTED BY PIFIZER)

Chairpersons: Mareev V.Yu. (Moscow), Andreev D.A. (Moscow)

- **Mareev V.Yu. (Moscow).** Role of triple aldosterone blockade in treatment of chronic heart failure.
- **Andreev D.A. (Moscow).** Myocardial infarction: aldosterone blockade in treatment of heart failure.

MASTER CLASS «ORGANOPROTECTION: A WAY TO SLOW DOWN THE CARDIOVASCULAR CONTINUUM»

Chairpersons: Panchenko E.P. (Moscow), Vasilyeva E.Yu. (Moscow)

- **Hausenloy D. (Great Britain).** Remote ischemic conditioning: bench to bedside in action!
- **Panchenko E.P. (Moscow).** Modern approaches to long-term therapy and secondary prevention of venous thromboembolic complications.
- **Vasilyeva E.Yu. (Moscow).** Atrial fibrillation in patients with coronary artery disease: choosing medical therapy.
- **Kulikov A.Yu. (Moscow).** Practical issues of pharmacoeconomics and rational pharmacotherapy.
**Plenary Session**

**Risk Factors and Prevention of Cardiovascular Diseases**

Presidium: Zoghbi W. (USA), Oganov R.G. (Moscow)

- **Zoghbi W. (USA).** The Global Burden of CV Disease: Update on achieving the UN goal of 25% reduction in Mortality by 2025.

- **Shalnova S.A. (Moscow).** On behalf of the Scientific Committee of ESSE-RF study. Russia as a high risk territory.

- **Saner H. (Switzerland).** Increasing life expectancy in Europe: promises and challenges.

- **Shkolnikov V. (Germany).** Reduction in cardiovascular mortality as the main condition of increased life expectancy in Russia.

- **Vulic D. (Republika Serpska).** War Trauma Factors and Cardiovascular Risk.

**Symposium “Cardiology in Cardiosurgery”**

(supported by KRKA)

Chairperson: Bokeria L.A. (Moscow).

- **Bokeria L.A. (Moscow).** Current state of cardiosurgery in Russia.

- **Alekyan B.G. (Moscow).** New trends in the treatment of patients with acute coronary syndrome.

- **Golukhova E.Z. (Moscow).** Therapy features for patients with coronary artery disease and atrial fibrillation.

- **Kobalava Zh.D. (Moscow).** Stability is better. How to keep a patient with stable angina pectoris from acute coronary syndrome?
**Hall Pushkin**  
13.40–15.10

**Symposium “Fortress of Our Health”**  
(SUPPORTED BY ASTRAZENECA)

Chairperson: Shlyakhto E.V. (Saint-Petersburg)

- **Kobalava Zh.D. (Moscow).** Risk Factors: lights strokes fall great oaks.
- **Ageev F.T. (Moscow).** Arterial hypertension: how to keep the keys to the fortress.
- **Staroverov I.I. (Moscow).** Ischemic heart disease. Fighting for every life.
- **Arutyunov G.P. (Moscow).** Beta-blockers in the treatment of chronic heart failure. Armor is still strong.

**Hall Tolstoy**  
13.40–15.10

**Symposium “New Horizons in the Treatment of Hypertension”**

Chairperson: Karpov Yu.A. (Moscow)

- **Kobalava Zh.D. (Moscow).** Sartans in AH management: history and clinical experience.
- **Meredith P. (UK).** Azilsartan medoxomil: drug characteristics and evidence base.
- **Karpov Yu.A. (Moscow).** Are all sartans the same? Specific characteristics of azilsartan and their clinical implications.
- **Nedogoda S.V. (Volgograd).** Optimal situations to administer Edarbi: patients’ portraits.
Symposium “Prevention of venous thromboembolic complications in Cardiology Department” (supported by Sanofi)
Chairperson: Tereshenko S.N. (Moscow)

Symposium “Modern techniques to visualize myocardial mechanics”
Chairperson: Vasyuk Yu.A. (Moscow).
- Shkolnik E.L. (Moscow). Myocardial deformation: basic indices and clinical applications.
- Pavlyukova E.N. (Tomsk). Left ventricular rotation and torsion.
- Shkolnik E.L. (Moscow), Pavlyukova E.N. (Tomsk). Practical training.
Roundtable “Interventional Technologies in Cardiology: Economic Effectiveness” (Supported by Medtronic)

Chairpersons: Khokhlunov S.M. (Samara), Shkolnikova M.A. (Moscow), Melik-Guseynov D.V. (Moscow)


- Kontsevaya A.V. (Moscow). Social and economic aspects of TAVI.

- Revishvili A. Sh., Neminuschiy N.M. (Moscow). Health economic effectiveness of cardiac resynchronization therapy in Russia.

Symposium “Experience of anticoagulation clinic organization and implementation of clinical guidelines on management of atrial fibrillation”

Chairpersons: Sulimov V.A. (Moscow), Zateyschikov D.A. (Moscow)

- Zotova I.V. (Moscow). A patient’s compliance as a key component of the treatment success in atrial fibrillation.

Symposium «Hormones – heart - vessels (gender sufferings)» (supported by Gedeon Richter)

Chairperson: Podzolkov V.I. (Moscow)

- Podzolkova N.M. (Moscow). The first suffering: gynecologic.
- Podzolkov V.I. (Moscow). The second suffering: cardiologic.
Symposium “Left Ventricular Hypertrophy Syndrome”
Session 3. Hypertrophic Cardiomyopathy and Rare Forms of Cardiomyopathy

Chairpersons: Kostareva A.A. (Saint-Petersburg), Boitsov S.A. (Moscow)

- Blagova O.V. (Moscow). Clinical and morphological diagnosis of the primary myocardial hypertrophy syndrome.

- Zaklyazminskaya E.V. (Moscow). Gene mutations in myocardium sarcomeric proteins: clinical manifestations and significance.


- Boitsov S. A. (Moscow). Non-compaction of the left ventricular myocardium.

Symposium “Central (aortic) pressure and reflected waves in clinical and physiological investigations and clinical practice. Pros and cons. Is it time or is it too late?”

Chairpersons: Rogoza A.N. (Moscow), Kotovskaya Yu.V. (Moscow), Milyagin V.A. (Smolensk), Konradi A.O. (Saint-Petersburg), Orlova Ya.A. (Moscow), Oleynikov V.E. (Penza). Posokhov I.N. (Nizhny Novgorod)

Symposium “Hypertension: the art of disease control” (Supported by Pfizer)

Chairpersons: Napalkov D.A. (Moscow), Rodionov A.V. (Moscow), Drozdova L.Yu. (Moscow)
Chairman: Napalkov D.A. (Moscow)

- Drozdova L.Yu. (Moscow). Current approaches to antihypertensive therapy in high risk patients.

Symposium “ECG in the 21st century”

Chairpersons: Treshkur T.V. (Saint-Petersburg), Tikhonenko V.M. (Saint-Petersburg), Parmon E.V. (Saint-Petersburg)

- Tikhonenko V.M. (Saint-Petersburg). Dynamic electrocardiography in diagnosis of myocardial ischemia.
- Treshkur T.V. (Saint-Petersburg). Longitudinal ECG monitoring with telemetry in daily practice of a physician.
- Parmon E.V. (Saint-Petersburg). Is it possible to predict sudden cardiac death with the help of ECG analysis?
- Tulintseva T.E., Treshkur T.V. (Saint-Petersburg). Are any existing classifications of ventricular arrhythmias topical? Is it possible to suggest anything?
Symposium “New approaches in pharmacoinvasive strategy in STEMI” (supported by Boehringer Ingelheim)
Chairpersons: Sulimov V.A. (Moscow), Tereschenko S.N. (Moscow)
- Sulimov V.A. (Moscow). Results and clinical impact of STREAM study.
- Tereschenko S.N. (Moscow). From guidelines to clinical practice in acute myocardial infarction management.
- Khripun A.V. (Rostov-on-Don). Pharmacoinvasive approach in routine clinical practice.

Symposium “Duration of dual antiplatelet therapy: how to maintain the recommended course?” (supported by Sanofi)
Chairperson: Karpov Yu.A. (Moscow)
- Erlikh A.D. (Moscow). Compliance to antiplatelet therapy: a real situation, ways to increase.
- Yakovlev A.N. (Saint-Petersburg). Organizational issues of increasing continuity of antiplatelet therapy: from hospital to polyclinic.
**Symposium “Controversial issues of AH therapy”**
Chairperson: Arutyunov G.P. (Moscow)

- Arutyunov G.P. (Moscow). Heart rate as a risk factor of poor prognosis in patients with CVD.
- Chesnikova A.I. (Rostov-on-Don). A patient with hypertension and coronary artery disease, the realities of the Russian clinical practice.
- Skibitskiy V.V. (Krasnodar). New treatment options for patients with hypertension and coronary artery disease during hospital stay.
- Nedogoda S.V. (Volgograd). New aspects of fixed combination of beta-blockers and amlodipine in the realities of the modern treatment of hypertension.

**Symposium “Consultation by a cardiologist”**
**Educational session «Outpatient cardiology» (supported by Actavis)**
Chairpersons: Tarlovskaya E.I. (Kirov), Chesnkova A.I. (Rostov-on-Don), Koziolova N.A. (Perm)

**HALL LERMONTOV** 15.30–17.00

**Practical Seminar “3D-echocardiography: practical training”**
Chairpersons: Pavlukova E.N. (Tomsk), Shkolnik E.L. (Moscow)
- **Saidova M. (Moscow).** 3D-echo: Basics of image acquisition and dataset analysis.
- **Shkolnik E.V. (Moscow), Muraru D. (Italy).** 4D-Echocardiography. Comprehensive analysis of left ventricular geometry and function.
- **Saidova M.A. (Moscow), Muraru D. (Italy).** Practical training.

**HALL CHEKHOV** 15.30–17.00

**Symposium “Rare and difficult diagnoses in cardiology”**
Chairperson: Syrkin A.L. (Moscow)
- **Poltavskaya M.G. (Moscow).** New-onset angina in patients with post-irradiation coronary artery disease.
- **Andreev D.A. (Moscow).** Myocardial infarction in patients with normal coronary arteries.
- **Gilyarov M.Yu. (Moscow).** Coronary artery dissection.
Symposium «Diversity of goals and objectives in the treatment of patients with arterial hypertension: in search of universal solutions» (supported by Servier)
Chairperson: Karpov Yu.A. (Moscow)

- **Introduction Karpov Yu.A. (Moscow).** The diversity of goals and objectives in the treatment of patients with hypertension: how to prioritize?
- **Karpov Yu.A. (Moscow).** In search of the best solutions to achieve target blood pressure.
- **Kobalava Zh.D. (Moscow).** Prediction of organ failures or unpredictable strikes by arterial hypertension: where to find a solution?
- **Nedogoda S.V. (Volgograd).** From organ protection to reduced mortality: prioritization.

Round table “Heart team” in the treatment of patients with heart failure” (clinical debates)
Chairpersons: Bokeria L.A. (Moscow), Golukhova E.Z (Moscow), Vasilieva E.Yu. (Moscow)

**Participants:** Alekyan B.G. (Moscow), Vasyuk Yu.A. (Moscow), Grinshtein Yu.I. (Krasnoyarsk), Kosmacheva E.D. (Krasnodar), Popov S.V. (Tomsk), Shatalov K.V. (Moscow)

- **Vasyuk Yu.A. (Moscow).** Heart failure: epidemiology and topicality.
- **Kosmacheva E.D. (Krasnodar).** Case report (clinical and instrumental data).
- **Grinshtein Yu.I. (Krasnoyarsk).** New features and “gold standards” of heart failure pharmacotherapy.
- **Popov S.V. (Tomsk).** Implantable devices (CRT, defibrillators).
- **Alekyan B.G. (Moscow).** Myocardial revascularization in heart failure treatment in patients with low left ventricular ejection fraction
- **Shatalov K.V. (Moscow).** Mechanical devices and heart transplantation.
- **Kosmacheva E.D. (Krasnodar).** Case report: choosing the therapy

Final remarks and comments.
Symposium “Left ventricular hypertrophy syndrome”  
Session 4. Myocardial hypertrophy due to inherited metabolic disorders

Chairpersons: Zaklyazminskaya E.V. (Moscow), Semernin E.N. (Saint-Petersburg)

- **Zaklyazminskaya E.V. (Moscow).** Myocardial hypertrophy due to inherited metabolic disorders.
- **Myasnikov R.P., Andreevskaya E.Yu., Boitsov S.A. (Moscow).** Cardiac amyloidosis in differential diagnosis of left ventricular hypertrophy.
- **Adasheva T.V., Dzhioyeva O.N. (Moscow).** Amyloid cardiomyopathy.
- **Kostareva A.A. (Saint-Petersburg).** Genetically determined restrictive cardiomyopathies.
- **Nikolaeva E.A., Leontieva I.V. (Moscow).** Cardiac abnormalities in children with mitochondrial diseases.
SYMPOSIUM “MICROVASCULAR ANGINA: MODERN CONCEPTS OF PATHOGENESIS, DIAGNOSIS, TREATMENT AND PROGNOSIS”

Chairpersons: Soboleva G.N. (Moscow), Kuleshova E.V. (Saint-Petersburg)

- **Soboleva G.N. (Moscow).** Microvascular angina (cardiac syndrome X): original experience and current approaches.

- **Samoilenko L.E., Karpova I.E. (Moscow).** 99m Tc-MIBI SPECT in combination with pharmacological test with sodium adenosine triphosphate in the diagnosis of myocardial ischemia in patients with microvascular angina.

- **Ryzhkova D.V., Kolesnichenko M.G., Boldueva S.A. (Saint-Petersburg).** PET diagnostic criteria for microvascular angina based on indicators of coronary hemodynamics at rest and during functional tests.


- **Kuleshova E.V. (Saint-Petersburg).** Treatment of patients with microvascular angina.
WORKSHOP SESSION “RATIONAL PHARMACOTHERAPY”
Chairpersons: Bubnova M.G. (Moscow), Gilyarevskiy S.R. (Moscow)
- Bubnova M.G. (Moscow). Opportunities for the lipid-lowering therapy in reducing cardiovascular risk and improving patient prognosis.
- Gilyarevskiy S.R. (Moscow). Methods to compare medicines of the same class.
- Sulimov V.A. (Moscow). Pharmacoinvasive treatment strategy in STEMI patients: its significance in Russia.
- Gilyarevskiy S.R. (Moscow). Justification of the frequency of new oral anticoagulants administration in patients with atrial fibrillation: a clinical pharmacologist’s point of view.

SYMPOSIUM “SYNCOPE: CLASSIFICATION, PATHOPHYSIOLOGY, DIAGNOSIS.”
Chairpersons: Tyurina T.V. (Saint-Petersburg), Pevzner A.V. (Moscow)
- Tyurina T.V. (Saint-Petersburg). Reflex syncope.
- Lebedev D.S. (Saint-Petersburg). Arhythmogenic syncope.
- Pevzner A.V. (Moscow). Epilepsy or pseudo-epilepsy?
**HALL BALNY 1-2**

17.30–19.30

**PLENARY SESSION**

- Welcome greetings
- Lectures:

**SHLYAKHTO E.V. (SAINT-PETERSBURG), PRESIDENT OF THE RUSSIAN SOCIETY OF CARDIOLOGY.** Cardioprotection in cardiology and cardiosurgery: from experiment to clinical practice.

**PINTO F. (PORTUGAL), PRESIDENT OF THE EUROPEAN SOCIETY OF CARDIOLOGY.** The Future Role of Cardiovascular Imaging in Modern Cardiology.

- Awarding Ceremonies:
  Russian Society of Cardiology Prize 2014 and Young Scientists Contest 2014.
### Thursday, 25 September

#### 08.45–10.15

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<td>Plenary session “Arterial hypertension and metabolic syndrome”</td>
<td>Joint Symposium with the Society of Specialists in Acute Cardiac Care “Acute cardiac care-2014”</td>
<td>Symposium «Efficacy and safety of anticoagulant therapy in atrial fibrillation: looking for a balance» (supported by Bristol-Myers Squibb – Pfizer Alliance)</td>
<td>Symposium “Indicators of good clinical practice: treatment of high risk patients” (supported by Gedeon Richter)</td>
<td>Scientific symposium of the National Medical Society of Preventive Cardiology “Secondary prevention of atherosclerosis in Europe and Russia: new challenges and solutions”</td>
<td>Symposium devoted to the 10th anniversary of Rational Pharmacotherapy in Cardiology Journal: advances in cardiovascular prevention and treatment in the past decade</td>
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#### 10.15–10.30 **BREAK**

#### 10.30–12.00

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<tr>
<td>Plenary session “Atrial fibrillation” 2014</td>
<td>Symposium “International cardiac expedition: to continue a new path on the ice of cardiovascular diseases” (Supported by KRKA)</td>
<td>Symposium “Patients with ACS. Continuity of antiplatelet therapy at pre-, in-hospital and post-hospital stages” (supported by AstraZeneca)</td>
<td>Symposium «Organo-protection in hypertension: many goals, one solution»</td>
<td>Symposium «Status of comorbidity in cardiology. Multi-disciplinary approach to the problem» (supported by Berlin-Hemi /A.Menarini)</td>
<td>Session “Factors influencing the effectiveness of the coronary artery disease treatment”</td>
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#### 12.00–12.15 **BREAK**
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<th>Prokofiev 1-2</th>
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**Session “Chronic heart failure: different masks of the same disease”**

| Symposium “Treatment of cardiovascular diseases from the standpoint of current guidelines” (support by Canonpharma Production) | Symposium “Reperfusion therapy in STEMI” (Supported by SupraGen) | Round table “Current approach to treatment of coronary artery disease with lesions in the left main coronary artery” | Symposium “Modern masks of myocarditis” – 1 | Symposium “Dyslipidemia in coronary artery disease: decrease in cholesterol or survival improvement?” (supported by Pfizer) | Symposium “Genetic research in cardiology” |

**Plenary session**

- “Arterial hypertension and metabolic syndrome”
- Joint Symposium with the Society of Specialists in Acute Cardiac Care “Acute cardiac care-2014”
- Symposium «Efficacy and safety of anticoagulant therapy in atrial fibrillation: looking for a balance» (supported by Bristol-Myers Squibb–Pfizer Alliance)
- Symposium “Indicators of good clinical practice: treatment of high risk patients” (supported by Gedeon Richter)
- Scientific symposium of the National Medical Society of Preventive Cardiology “Secondary prevention of atherosclerosis in Europe and Russia: new challenges and solutions”
- Symposium devoted to the 10th anniversary of Rational Pharmacotherapy in Cardiology Journal: advances in cardiovascular prevention and treatment in the past decade
- Symposium “Early childhood cardiomyopathies”
- Symposium “Chronic obstructive pulmonary disease and cardiovascular diseases: the union forever”
- Symposium “Controversies in chronic heart failure treatment”
- Symposium “Possibilities of volume sphygmography in determining vascular wall stiffness as a marker of preclinical affection of the major vessels”
- Symposium “Individual approach to patient management: the key to success” (Supported by Zentiva)
- Symposium-discussion “Paradoxes in cardiovascular prevention”
### Thursday, 25 September

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<tr>
<th>Time</th>
<th>Balny 1</th>
<th>Balny 2</th>
<th>Pushkin</th>
<th>Tolstoy</th>
<th>Dostoevsky</th>
<th>Lermontov</th>
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<tr>
<td>13.45–16.15</td>
<td>Plenary session “Noncoronary heart disease and pulmonary hypertension”</td>
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<td>16.15–16.30</td>
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**Thursday, 25 September**

**Break**

**Break**
Symposium “Traditional and new indicators of vascular wall condition in the screening programmes. Experience with computerized sphygmograph VaSera (Fukuda Denshi, Japan) in clinics” (supported by Fukuda Denshi Co., Ltd., Japan)

Symposium “Myocardial diseases and heart failure”

Symposium “Risk stratification and prevention of sudden cardiac death”

Symposium “Acute cardiovascular events in younger women and high-tech medical care”

Symposium “Are there real possibilities to improve the quality of AH diagnosis and treatment in primary healthcare units?”

Symposium «Acute decompen-sated heart failure: what is new?» (supported by Novartis)

Symposium “Cumulative cardio-vascular risk. Is it worth determining and how much does it cost?”

Symposium «Evidence based cardiology in Russia» (supported by Gedeon Richter)

Symposium “Renal denervation: hopes and disappointments”

Joint meeting with participation of the section “Cardiology and imaging in cardiosurgery” of the Association of Cardiovascular Surgeons of Russia, the Russian Scientific Society of Endovascular Surgeons and Interventional Radiologists and the Russian Society of Cardiology (debates) “How to manage patients with coronary artery disease with extremely high surgical risk (low LVEF, no CABG possible, older than 80 years)”
Thursday, 25 September

16.30–18.00

Balny 1
Plenary session. “Emergency cardiology”

Balny 2
Workshop session “Unresolved issues in cardiology: answers and solutions”

Pushkin
Symposium «From arterial hypertension to chronic heart failure: when do we need new oral anticoagulants?” (supported by Bayer)

Tolstoy
Symposium «Life-threatening arrhythmias and sudden death risk in coronary artery disease and heart failure. How to help patients at extremely risk? (on national guidelines)”

Dostoevsky
Symposium “Interventional methods in clinical practice” (supported by Medtronic)

Lermontov
Session “Non-coronary myocardium diseases”
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HALL BALNY 1
08.45–10.15

PLENARY SESSION
“ARTERIAL HYPERTENSION AND METABOLIC SYNDROME”
Presidium: Karpov R.S. (Tomsk), Chesnikova A.I. (Rostov-on-Don)

- Baranova E.I. (Saint-Petersburg). Metabolic syndrome: yesterday, today, and tomorrow.
- Nedogoda S.V. (Volgograd). Unsolved problems of arterial hypertension management.
- Lopatin Yu.M. (Volgograd). Can antihypertensive therapy prevent the development of heart failure?

HALL BALNY 2
08.45–10.15

JOINT SYMPOSIUM WITH THE SOCIETY OF SPECIALISTS IN ACUTE CARDIAC CARE “ACUTE CARDIAC CARE-2014”
Chairperson: Ruda M.Ya. (Moscow)

HALL PUSHKIN
08.45–10.15
Symposium «Efficacy and Safety of Anticoagulant Therapy in Atrial Fibrillation: Looking for a Balance» (Supported by Bristol-Myers Squibb – Pfizer Alliance)
Chairpersons: Sulimov V.A. (Moscow), Galyavich A.S. (Kazan)
- Sulimov V.A. (Moscow). Patient with atrial fibrillation: how to make a decision on anticoagulant treatment?
- Napalkov D.A. (Moscow). Anticoagulant therapy in atrial fibrillation: which factors provide long and safe treatment?

HALL TOLSTOY
08.45–10.15
Symposium “Indicators of Good Clinical Practice: Treatment of High Risk Patients” (Supported by Gedeon Richter)
Chairperson: Glezer M.G. (Moscow)
- Glezer M.G. (Moscow). High risk components: how to break the vicious circle?
- Davidovich I.M. (Khabarovsk). Endothelial dysfunction as cardiovascular risk factor.
- Fendrikova A.V. (Krasnodar). New targets in the treatment of high risk patients.
Scientific symposium of the National Medical Society of Preventive Cardiology “Secondary prevention of atherosclerosis in Europe and Russia: new challenges and solutions”

Chairpersons: Pozdnyakov Yu.M. (Moscow), Pogosova N.V. (Moscow)


- Poponina T.M., Sverbeeva M.G. (Tomsk). What can a general practitioner do for prevention of cardiovascular diseases and their complications?

- Osipova I.V. (Barnaul). Recent approaches to cardiovascular prevention in individuals of stressful occupations.

- Pozdnyakov Yu.M. (Moscow). Regional project “Healthy Hearts in the Moscow Region”.
SYMPOSIUM DEVOTED TO THE 10TH ANNIVERSARY OF RATIONAL PHARMACOTHERAPY IN CARDIOLOGY JOURNAL: ADVANCES IN CARdiovascular PREVENTION AND TREATMENT IN THE PAST DEcade.

Chairpersons: Oganov R.G. (Moscow), Boitsov S.A. (Moscow)

- **Boitsov S.A. (Moscow).** Which strategy of noncommunicable disease prevention is more important now?

- **Martsevich S.Yu. (Moscow).** Pharmacotherapy in patients with high cardiovascular risk: clinical guidelines and clinical practice.

- **Doschitsyn V.L. (Moscow).** Disputable issues in pharmacotherapy of cardiac arrhythmias.

- **Gilyarevskiy S.R. (Moscow).** Orphan diseases in cardiology and nonprofit approaches to pharmacotherapy: the past decade experience.

SYMPOSIUM «EArLY CHILDHOOD CARDIOMYOPATHIES”

Chairpersons: Kotlukova N.P. (Moscow), Lyubomudrov V. (Kuwait)

- **Lyubomudrov V. (Kuwait).** Surgical correction of difficult congenital heart defects in infants.

- **Kotlukova N.P. (Moscow).** Current possibilities in diagnosis and treatment of Pompe disease.


- **Leontieva I.V., Termosesov S.A., Makarova V.A. (Moscow).** Sudden death risk factors in children with hypertrophic cardiomyopathy.

Thursday, 25 September

**HALL TCHAIKOVSKY 1**
08.45–10.15

**Symposium “Chronic obstructive pulmonary disease and cardiovascular diseases: the union forever”**
Chairpersons: Zadionchenko V.S. (Moscow), Adasheva T.V. (Moscow)

- Li V.V. (Moscow). Metabolic disorders in chronic obstructive pulmonary disease patients: opportunities for phenotyping and pharmacotherapy.

**HALL TCHAIKOVSKY 2**
08.45–10.15

**Symposium “Controversies in chronic heart failure treatment”**
Chairpersons: Chesnikova A.I. (Rostov-on-Don), Koziolova N.A. (Perm)

- Tarlovskaya E.I. (Kirov). Angiotensin converting enzyme inhibitors and aspirin: ways to solve the problem.
- Chesnikova A.I. (Rostov-on-Don). Diuretics in treatment of chronic heart failure: when, which, how much?
- Koziolova N.A. (Perm). Statins and chronic heart failure: following the guidelines or clinical experience?
- Mareev V.Yu. (Moscow). Are there any real opportunities to influence the prognosis in patients with heart failure and preserved systolic function?
SYMPOSIUM “POSSIBILITIES OF VOLUME SPHYGMOGRAPHY IN DETERMINING VASCULAR WALL STIFFNESS AS A MARKER OF PRECLINICAL AFFECTION OF THE MAJOR VESSELS”

Chairpersons: Rogoza A.N. (Moscow) Galyavich A.S. (Kazan)

- Drobotya N.V., Guseinova E.Sh., Pirozhenko A.A., Kaltykova V.V. (Rostov-on-Don). Relationship of vascular wall stiffness and relaxation properties of the left ventricle in patients with arterial hypertension.

ECHOCARDIOGRAPHY EDUCATIONAL SESSION: VALVULAR DISEASE ASSESSMENT (CONTINUATION)

Chairpersons: Sedov V.P. (Moscow), Alekhin M.N. (Moscow)

- Popescu B. (Romania). Valvular heart disease: is cardiac catheterization obsolete?
- Matskeplishvili S.T. (Moscow). The most frequent adult congenital heart diseases.
SympoSIum “INDIVIdual APPROACH TO PATIENT MANAGEMENT: THE KEY TO SUCCESS” (SUPPORTED BY ZENTIVA)

Chairperson: Karpov Yu.A. (Moscow)

- Karpov Yu.A. (Moscow). Improving the prognosis of patients with hypertension: an individual approach.
- Poltavskaya M.G. (Moscow). Protection of target organs in patients with hypertension: our possibilities.
- Nedogoda S.V. (Volgograd). Combination therapy: the best start for a patient at high risk.

SympoSIum-discussion “PARADOXES IN CARDIOVASCULAR PREVENTION”

Chairperson: Shalnova S.A. (Moscow)
Moderator: Chukaeva I.I. (Moscow).

- Arutyunov G.P. (Moscow). Red wine. Shall we give a prescription?
- Perepech N.B. (Saint-Petersburg). Dark chocolate and cardiovascular diseases.
- Podzolkov V.I. (Moscow). Do we eat to live long?
PLENARY SESSION

ATRIAL Fibrillation

Presidium: Lebedev D.S. (Saint-Petersburg), Lopatin Yu.M. (Volgograd)

- Popov S.V. (Tomsk). Drug-free strategies in atrial fibrillation.
- Le Heuzey J.-Y. (France). Which oral anticoagulant for which AF patients?

SYMPOSIUM “INTERNATIONAL CARDIAC EXPEDITION: TO CONTINUE A NEW PATH ON THE ICE OF CARDIOVASCULAR DISEASES” (SUPPORTED BY KRKA)

Chairpersons: Shlyakhto E.V. (Saint-Petersburg), Fras Z. (Slovenia)

- Shlyakhto E.V. (Saint-Petersburg). Cardiovascular disease: new routes on the expedition map.
- Fras Z. (Slovenia). Latest discoveries of the hypolipidemic expedition: new opportunities for a practitioner.
- Drapkina O.M. (Moscow). Preparations for the expedition as a ticket to success of survival on the ice: focus on primary prevention.
- Ageev F.T. (Moscow). Winding route: how to achieve the goals of the expedition: save the heart and the mind.
Thursday, 25 September

Hall Pushkin 10.30–12.00
Symposium “Patients with ACS. Continuity of antiplatelet therapy at pre-hospital, in-hospital and post-hospital stages” (supported by AstraZeneca)

Chairperson: Ruda M.Ya. (Moscow)

- Averkov O.V. (Moscow). Justification for the early start of dual antiplatelet therapy?

Hall Tolstoy 10.30–12.00
Symposium “Organoprotection in hypertension: many goals, one solution”

Chairperson: Mareev V.Yu. (Moscow), Arutyunov G.P. (Moscow)

- Manolis A. (Greece). The combination of Enalaprilum and Nitrendipine in hypertensive patients.
- Arutyunov G.P. (Moscow). Nephroprotection as a compulsory element of hypertension therapy.
Symposium “Status of comorbidity in cardiology. Multidisciplinary approach to the problem “
(supported by Berlin-Hemi/A.Menarini)

Chairperson: Arutyunov G.P. (Moscow)

- Solovyeva E.Yu. (Moscow). Topical issues therapy of cerebrovascular diseases by cardiological patients. Point of view of neurologist.
Session “Factors influencing the effectiveness of the coronary artery disease treatment”

Chairpersons: Chumakova G.A. (Barnaul), Abdullaev A.A. (Makhachkala), Dovgalevskiy P.Ya. (Saratov)

- Mironchik V.V. (Minsk, Belarus). Dynamics of myocardium ischemic injury in STEMI with or without «no-reflow» after PCI.
• Taraseeva Ya.V., Gazaryan L.G., Makarova F.M.,
  Evstratova S.G., Grigoriyan K.S., Alidzhanova H.G.,
  Golikov A.P. (Moscow). Early and long-term results of
  reinfarction reperfusion treatment.

SESSION “CHRONIC HEART FAILURE: DIFFERENT MASKS OF THE
SAME DISEASE”

Chairpersons: Sitnikova M.Yu. (Saint-Petersburg),
Lyamina N.P. (Saratov)

• Grinevich V.B., Salikova S.P., Vlasov A.A., Zatulivetrov
  A.S., Khalyutin D.A. (Saint-Petersburg). Intestinal
  microbial tissue system and endotoxemia in the
  experimental heart failure.

• Sharipova R.M., Kasimova G.M., Shoyusupova M.U.,
  Mirtalipova T.D. (Tashkent, Uzbekistan). The impact of
  humoral inflammatory factors on heart parameters in
  chronic heart failure.

• Liskova Yu.V. (Moscow), Salikova S.P. (Saint-Petersburg).
  Gender differences in the left ventricular myocardium
  extracellular matrix reorganization in the experimental
  heart failure induced by enalaprilum injection.

• Ageeva K.A., Abrosimov V.N. (Ryazan). The capnography
  during a 6-minute walk test in the chronic heart failure
  patients.

• Arkhipova E.N., Basargina E.N., Zharova O.P., Silnova
  I.V. (Moscow). The NT-proBNP level in children with non-
  compact myocardium syndrome.

• Ushakov A.V., Stilidi M.I., Gagarina A.A., Zhumykina
  T.A., Betina V.I., Gafarova N.H. (Simferopol).
  Antiendotoxin immunity state and hormonal activity
  of adipose tissue in patients with heart failure and
  metabolic syndrome.

• Slezova V.I. (Rostov-on-Don). Heart remodeling in
  patients with chronic heart failure and atrial fibrillation.


**HALL TCHAIKOVSKY 1**

10.30–12.00

**Symposium “Treatment of cardiovascular diseases from the standpoint of current guidelines” (Support by Canonpharma Production)**

Chairpersons: Nebieridze D.V. (Moscow), Bubnova M.G. (Moscow)

- **Nebieridze D.V. (Moscow).** Sartans in clinical practice: does practicing physician know everything?
- **Sizova Zh.M. (Moscow).** Possibilities of antianginal therapy optimization in patients with stable angina.
- **Bubnova M.G. (Moscow).** ACE inhibitors: yesterday, today and tomorrow.

**HALL TCHAIKOVSKY 2**

10.30–12.00

**Symposium “Reperfusion therapy in STEMI” (Supported by SupraGen)**

Chairpersons: Markov V.A. (Tomsk), Markin S.S. (Moscow).

- **Markov V.A. (Tomsk).** Pharmacoinvasive reperfusion in STEMI.
- **Vyshlov E.V. (Tomsk).** Prehospital thrombolysis in STEMI patients.
- **Khripun A.V. (Rostov-on-Don).** Registry of patients with acute coronary syndrome in the Rostov region.
- **Teplitskaya V.V. (Nizhny Novgorod).** Reperfusion therapy in STEMI patients in the Nizhny Novgorod region.
**Hall Shostakovich 1**
10.30–12.00

**Round Table “Current Approach to Treatment of Coronary Artery Disease with Lesions in the Left Main Coronary Artery.”**

Moderators: Bokeria L.A. (Moscow), Golukhova E.Z. (Moscow), Abugov S.A. (Moscow).

Discussors: Shneider Yu.A. (Kaliningrad), Prototopov A.V. (Krasnoyarsk), Shpector A.V. (Moscow).
- Barbarash O.L. (Kemerovo). Cardiologist’s point of view.
- Sukhanov S.G. (Perm). Cardiosurgery’s point of view.
- Alekyan B.G. (Moscow). Endovascular surgeon’s point of view.
- Discussion

**Hall Shostakovich 2**
10.30–12.00

**Symposium “Modern Masks of Myocarditis” – 1**

Chairpersons: Paleev F.N. (Moscow), Blagova O.V. (Moscow)
- Mitrofanova L.B. (Saint-Petersburg). Results of 345 endomyocardial biopsies performed in 2012 - 2013.
- Runov A.L. (Saint-Petersburg). Selecting reference genes in myocardium biopsies and peripheral blood cells for transcriptomic studies in patients with myocarditis.

**Hall Prokofiev 1-2**
10.30–12.00

**Symposium “Dyslipidemia in Coronary Artery Disease: Decrease in Cholesterol or Survival Improvement?” (Supported by Pfizer)**

Chairpersons: Karpov Yu.A. (Moscow), Waters D. (USA)

Chairman: Karpov Yu.A. (Moscow)
- Karpov Yu.A. (Moscow). Prognosis improvement through cholesterol control. Can we expect additional advantages from tight control?
- Waters D. (USA). Let’s build our own cholesterol guidelines.
Symposium “Genetic research in cardiology”

Chairpersons: Nikulina S.Yu. (Krasnoyarsk), Barbarash O.L. (Kemerovo), Zateyshchikov D.A. (Moscow)

- **Nikulina S.Yu. (Krasnoyarsk).** Genetic screening in patients with cardiac rhythm and conductivity disorders: prospects of primary prevention.

- **Chernova A.A. (Krasnoyarsk), Nikulina S.Yu. (Krasnoyarsk), Shulman V.A. (Krasnoyarsk), Zaitsev N.V. (Krasnoyarsk), Maksimov V.N. (Novosibirsk).** Genetic “riscometr” for cardiac rhythm and conductivity primary disorders.

- **Aksyutina N.V. (Krasnoyarsk), Nikulina S.Yu. (Krasnoyarsk), Shulman V.A. (Krasnoyarsk), Poplavskaya E.E. (Krasnoyarsk), Maksimov V.N. (Novosibirsk).** Genetic predictors of atrial fibrillation.

- **Tretyakova S.S. (Krasnoyarsk), Nikulina S.Yu. (Krasnoyarsk), Maksimov V. N. (Novosibirsk), Chernova A.A. (Krasnoyarsk), Marilovtseva O.V. (Krasnoyarsk).** Genetic predictor of LBBB.

- **Barbarash O.L., Gorbunova E.V. (Kemerovo).** A genetic approach to the efficacy and safety improvement of anticoagulant therapy in patients with prosthetic heart valves.

- **Malashicheva A.B. (Saint-Petersburg).** Genetic factors in development of aorta and aortic valve disorders.

**Hall Balny 1**  
12.15–13.45

**Plenary Session**

**Organization of Medical Care in Cardiology**

Presidium: Pietilä M. (Finland), Boitsov S.A. (Moscow)

- *Pietilä M. (Finland).* Implementing guidelines into practice.
- *Berkinbaev S.F. (Kazakhstan).* The current state of cardiology medical care in the Republic of Kazakhstan.
- *Graham I. (Ireland).* Life and fate – are current prevention guidelines relevant to the Russian Federation?
- *Boitsov S.A. (Moscow).* Who and what should do in cardiovascular prevention.

**Hall Balny 2**  
12.15–13.45

**Symposium “Protection Against Stroke in Cardiology Practice: What’s New?” (Supported by Boehringer Ingelheim)**

Chairpersons: Panchenko E.P. (Moscow), Sulimov V.A. (Moscow)

- *Panchenko E.P. (Moscow).* New oral anticoagulants available for a cardiologist.
- *Yavelov I.S. (Moscow).* Long-term experience with dabigatran.
- *Sulimov V.A. (Moscow).* New oral anticoagulants in special clinical cases.
- *Napalkov D.A. (Moscow).* Registry of patients with atrial fibrillation of non-valvular ethiology (on the basis of the Sechenov First Moscow State Medical University).
**Hall Pushkin**  
12.15–13.45

**Symposium «Myocardial infarction – 2014» (Supported by Sanofi)**  
Chairpersons: Chazov E.I. (Moscow), Ruda M.Ya. (Moscow)

- **Gratsianskiy N.A. (Moscow).** Acute coronary syndromes without persistent ST elevations.
- **Yavelov I.S. (Moscow).** Acute coronary syndrome risk stratification and its implications for treatment strategy.
- **Ruda M.Ya. (Moscow).** Acute coronary syndrome with ST elevations.

**Hall Tolstoy**  
12.15–13.45

**Symposium «Coronary artery disease and chronic heart failure: chronicles of 2014» (Supported by Servier)**  
Chairperson: Mareev V.Yu. (Moscow)

- **Mareev V.Yu. (Moscow).** Constitution in medicine.
- **Lopatin Yu.M. (Volgograd).** Bourgeois revolution in coronary artery disease.
- **Arutyunov G.P. (Moscow).** September theses of the Society of Heart Failure Specialists.
- **Glezer M.G. (Moscow).** Slogans into life!
- Discussion.
Symposium “Acute decompensated heart failure”
Chairpersons: Arutyunov G.P. (Moscow), Tereschenko S.N. (Moscow)
- Zhirov I.V. (Moscow). Acute decompensated heart failure: can we influence the prognosis?

Symposium “Masks, complications and outcomes of metabolic syndrome”
Chairpersons: Barbarash O.L. (Kemerovo), Chumakova G.A. (Barnaul)
- Davidovich I.M. (Khabarovsk). Obesity and arterial hypertension in young men. What is next?
- Barbarash O.L. (Kemerovo). Diabetes mellitus after cardiac infarction.
Session “The coronary heart disease: risk factors and prognosis”

Chairpersons: Barbarash O.L. (Kemerovo), Grinstein Yu.I. (Krasnoyarsk), Khludeeva E.A. (Vladivostok)

- Gritsenko O.V. (Kemerovo), Chumakova G.A. (Barnaul), Veselovskaya N.G. (Barnaul). Lipoprotein ratio as a predictor of restenosis after myocardial revascularization.


- Lebedeva N.B., Barbarash O.L. (Kemerovo). The role of inflammatory and sympathetic activation in the implementation of the relationship between anxiety and depression in the myocardial infarction with ST segment elevation.


- Kakorin S.V., Erlikh A.D., Kalinkina A.A. (Moscow). The prevalence of the impaired glucose metabolism and a prehospital hypoglycemic therapy in patients with acute...
coronary syndrome (acute coronary syndrome registry in Moscow).

- **Balatskiy A.V. (Moscow).** Polymorphism of genes in the urokinase plasminogen activator system and its relation to the destabilization of atherosclerosis plaque.

**HALL TCHAIKOVSKY 1** 12.15–13.45

**SYMPOSIUM «EVIDENCE BASED CARDIOLOGY IN RUSSIA» (SUPPORTED BY GEDON RICHTER)**

Chairperson: Drapkina O.M. (Moscow)

- **Susekov A.V. (Moscow).** Intensive statin therapy and carotid atherosclerosis: preliminary results of FREGAT trial.

- **Protasov K.V. (Irkutsk).** Retardation of vascular remodeling: how to choose effective combination?

- **Drapkina O.M. (Moscow).** Non-alcoholic fatty liver disease and cardiovascular risk. Hepatocardiac links.
Symposium “Renal denervation: hopes and disappointments”

Chairpersons: Karpov R.S. (Tomsk), Volodyukhin M.Yu. (Kazan)


**HALL SHOSTAKOVICH 1**
12.15–13.45


“How to manage patients with coronary artery disease with extremely high surgical risk (low LVEF, no CABG possible, older than 80 years)”

Chairpersons: Bokeria L.A. (Moscow), Golukhova E.Z. (Moscow), Alekyan B.G. (Moscow)

Discussants: Abugov S.A. (Moscow), Barbarash O.L. (Kemerovo), Vasilieva E.Yu. (Moscow), Sukhanov S.G. (Perm)

- **Golukhova E.Z. (Moscow)**. Cardiologist’s point of view.
- **Khubulava G.G. (Saint-Petersburg)**. Cardiosurgeon’s point of view.
- **Alekyan B.G. (Moscow)**. Endovascular surgeon’s point of view.
- **Discussion**

**HALL SHOSTAKOVICH 2**
12.15–13.45

**SYMPOSIUM “MODERN MASKS OF MYOCARDITIS – 2”**

Chairperson: Moiseeva O.M. (Saint-Petersburg)

- **Blagova O.V., Nedostup A.V. (Moscow)**. Variants of myocarditis in current clinical practice: from syndrome to diagnosis.
- **Frolova Yu.V., Raskin V.V. (Moscow)**. Diagnosis of myocardium inflammatory disease in patients with dilated cardiomyopathy to determine surgical treatment.
- **Sanina N.P. (Moscow)**. Myocarditis immunodiagnosis.
- **Paleev F.N. (Moscow)**. Current treatment options for myocarditis.
Thursday, 25 September

**Hall Prokofiev 1-2**
12.15–13.45

**Symposium «Hypertension therapy with one tablet. Is it possible?»**
Chairperson: Nedogoda S.V. (Volgograd)
- **Nedogoda S.V. (Volgograd).** Agonists of imidazoline receptors: more pros than contras.
- **Gaponova N.I. (Moscow).** Emergency antihypertensive therapy.

**Hall Prokofiev 3**
12.15–13.45

**Case based educational session on echocardiography**
Chairpersons: Matskeplishvili S.T. (Moscow), Vasyuk Yu.A. (Moscow)
Clinical cases presented by young cardiologists.
- **Rybakova M.K. (Moscow).** Rare complications of infectious endocarditis.
- **Okhotin A.N. (Kaluga region).** The best clinical cases at valsalva.ru.
**Plenary Session**

**Noncoronary Heart Disease and Pulmonary Hypertension**

Presidium: Karpov R.S. (Tomsk), Zelveyan P.A. (Armenia), Vulic D. (Republika Serpska)


- Coman I. (Romania). Medical treatment in thrombembolic pulmonary hypertension: why, when and how.

- Moiseeva O.M. (Saint-Petersburg). Pulmonary arterial hypertension: current approaches to risk stratification.
Symposium “Cardiovascular diseases and anxiodepressive disorders: issues of comorbidity”

Chairpersons: Garganeeva N.P. (Tomsk), Petrova M.M. (Krasnoyarsk), Poponina T.M. (Tomsk)


- **Petrova M.M., Shimokhina N.Yu., Pilyugina M.S. (Krasnoyarsk).** Markers of dysregulation of hemostasis and immune status in patients with acute coronary syndrome associated with anxiodepressive disorders.

- **Garganeeva N.P., Belokrylova M.F., Gluschenko T.E. (Tomsk, Barnaul).** Factors determining the dynamics of physical and social functioning of patients after coronary artery bypass.


- **Lebedeva N.Yu., Barbarash O.L. (Kemerovo).** Significance of inflammatory and sympathetic activation in the link between anxiodepressive disorders and myocardial infarction.

- **Gafarov V.V., Panov D.O., Gromova E.A., Gagulin I.V., Gafarova A.V. (Novosibirsk).** Impact of depression, as a risk factor for CVD, on awareness and attitude towards their health in the open population of women aged 25-64 years in Russia/Siberia (epidemiological study - WHO programme “MONICA-psychosocial”).
HALL PUSHKIN 14.45–16.15

Symposium “Disputed and undisputed issues in the treatment of atherosclerosis” (Supported by AstraZeneca)

Chairperson: Galyavich A.S. (Kazan)

- Susekov A.V. (Moscow). American guidelines for managing dyslipidemia 2013: what’s new and useful for a clinical practitioner?

HALL TOLSTOY 14.45–16.15

Symposium «Antiplatelet therapy personification» (Supported by Takeda)

Chairpersons: Buryachkovskaya L.I. (Moscow)

- Gabasov Z.A. (Moscow). Cellular processes in the course of aspirin therapy in cardioprotective doses.
Thursday, 25 September

**Hall Dostoevsky** 14.45–16.15

**Symposium: “Non-invasive diagnosis of stable coronary artery disease”**

Chairpersons: Khadzegova A.B. (Moscow), Ternovoy S.K. (Moscow)

- **Shkolnik E.L. (Moscow)**. Diagnosis of stable coronary artery disease from the standpoint of European recommendations of 2013 and the Russian realities.
- **Alekhin M.N. (Moscow)**. Stress-echocardiography. How to start it in your clinic?
- **Ryzhkova D.V. (Saint-Petersburg)**. Diagnosis of coronary artery disease by methods of nuclear medicine.
- **Matskeplishvili S.T. (Moscow)**. Contrast echocardiography: opportunities in the diagnosis of coronary artery disease.

**Hall Lermontov** 14.45–16.15

**Symposium “Constellation of statins: choosing the right way by a physician” (supported by Actavis)**

Chairperson: Karpov Yu.A. (Moscow)

- **Karpov Yu.A. (Moscow)**. European, Russian and American guidelines: a different approach to one goal.
- **Shaposhnik I.I. (Chelyabinsk)**. Challenges in the statin therapy.
- **Akhmedzhanov N.M. (Moscow)**. Choosing a statin by a practicing physician today.
Symposium «Traditional and new indicators of vascular wall condition in the screening programmes. Experience with computerized sphygmograph VaSera (Fukuda Denshi, Japan) in clinics” (supported by Fukuda Denshi Co., Ltd., Japan)

Chairpersons: Galyavich A.S. (Kazan), Milyagin V.A. (Smolensk), Rogoza A.N. (Moscow)

- Tetsuya I. (Japan). Experience of sphygmograph VaSera introduction in public health care institutions in Japan and other countries.
- Rogoza A.N. (Moscow). Traditional and new indicators of vascular wall condition.
Symposium: “Myocardial diseases and heart failure”

Chairpersons: Tarlovskaya E.I. (Kirov), Koziolova N.A. (Perm)

- **Tarlovskaya E.I. (Kirov).** Heart disorders and Borrelia infection: investigations in an endemic area and guidelines.
- **Koziolova N.A. (Perm).** Peripartum cardiomyopathy: mechanisms of development, variants, and approaches to therapy (case reports).
- **Chesnikova A.I. (Rostov-on-Don).** Chronic heart failure and thyroid pathology: current views and original findings.

Symposium “Risk stratification and prevention of sudden cardiac death”

Chairpersons: Neminuschiy N.M. (Moscow), Golitsyn S.P. (Moscow)

- **Shlevkov N.B. (Moscow).** Prospects of drug therapy for paroxysmal ventricular tachyarrhythmias in the “cardioverter-defibrillators era”.
- **Neminuschiy N.M. (Moscow).** Implanted devices for primary and secondary prevention of sudden death.
**Hall Shostakovich 1**

**Symposium “Acute Cardiovascular Events in Younger Women and High-Tech Medical Care”**

Chairpersons: Glezer M.G. (Moscow), Gordeev I.G (Moscow)

- **Glezer M.G. (Moscow).** Acute heart failure in the early postpartum period.
- **Gordeev I.G. (Moscow), Luchinkina E.E. (Moscow).** Periportal cardiomyopathy. To the delight of motherhood through a new heart.
- **Klykov L.L. (Moscow), Filatov A.A. (Moscow).** Case of multivessel coronary artery disease in women of reproductive age.
- **Lebedeva A.Yu. (Moscow), Kudinova M.A. (Moscow).** Severe pulmonary embolism in a young woman. Possibilities of modern technologies.
- **Kokorin V.A. (Moscow), Pavlikova E.P. (Moscow).** Marfan syndrome. Old problems and new opportunities.

**Hall Shostakovich 2**

**Symposium “Are There Real Possibilities to Improve the Quality of AH Diagnosis and Treatment in Primary Healthcare Units?”**

Chairpersons: Boitsov S.A. (Moscow), Nebieridze D.V. (Moscow)

- **Boitsov S.A. (Moscow).** The problem of cardiovascular prevention and treatment in primary healthcare units: its size and ways of solution.”
- **Nebieridze D.V. (Moscow).** Topical issues of AH diagnosis and treatment: what is most important for a primary health care physician?
- **Akhmedzhanov N.M. (Moscow).** Lipid-lowering therapy in AH patients in clinical practice and ways of improvement.
- **Mikhin V.P. (Moscow).** Is it possible to improve compliance of AH patients?
- **Oleynikov V.E., Sergatskaya N.V. (Penza).** Effect of obstructive sleep apnea syndrome on vascular remodeling in patients with diabetes and hypertension.
Symposium “Acute decompensated heart failure: what is new?” (Supported by Novartis)
Chairperson: Tereschenko S.N. (Moscow)
- Tereschenko S.N. (Moscow). Introduction.
- Arutyunov G.P. (Moscow). What do we know about acute decompensated heart failure?
- Yavelov I.S. (Moscow). Acute decompensated heart failure: what is new in current guidelines?
- Zhirov I.V. (Moscow). New opportunities in acute decompensated heart failure treatment. Is there a hope for a brighter future?

Symposium: “Cumulative cardiovascular risk. Is it worth determining and how much does it cost?”
Chairpersons: Kalinina A.M., Martynov A.I. (Moscow)
- Mustafina S.V. (Novosibirsk), Simonova G.I. (Novosibirsk). Diabetes risk evaluation in Siberia according to a prospective study.
- Kontsevaya A.V. (Moscow). The cost of risk assessment in primary healthcare units.
**Plenary Session.**

**Emergency Cardiology**

Presidium: Fox K. (UK), Ruda M.Ya. (Moscow), Shpector A.V. (Moscow)

- **Fox K. (UK).** Innovation in acute coronary syndrome.
- **Ruda M.Ya. (Moscow).** Reperfusion strategy in cardiac infarction: Russian point of view.
- **Shpector A.V. (Moscow).** Outside of primary PCI: impaired microcirculation in acute myocardial infarction.
- **Galyavich A.S. (Kazan).** Regional specificities in care of patients with myocardial infarction.

**Workshop Session “Unresolved Issues in Cardiology: Answers and Solutions”**

Chairpersons: Podzolkov V.I. (Moscow), Mayanskaya S.D. (Kazan)

- **Prokofieva E.B. (Moscow).** Vessel structure and function in long-term antihypertensive combination therapy.
- **Mayanskaya S.D. (Kazan).** Fixed combinations in current guidelines, their relevance for a practicing physician.
- **Ageev F.T. , Smirnova M.D. (Moscow).** Reaction of the cardiovascular system affected by heat and cold. Medical treatment.
- **Podzolkov V.I. (Moscow).** Sartans: advantages of long-term administration.
- **Pavlyukova E.N., Karpov R.S. (Tomsk).** New ultrasound technologies in non-coronary myocardial disease.
- **Rodyukova I.S. (Moscow).** Cardiorenal syndrome: questions and answers.
Thursday, 25 September

Hall Pushkin
16.30–18.00

Symposium “From arterial hypertension to chronic heart failure: when do we need new oral anticoagulants?” (supported by Bayer)
Chairperson: Lopatin Yu. M. (Volgograd)
- Mareev V. Yu. (Moscow). Atrial fibrillation and chronic heart failure.

Hall Tolstoy
16.30–18.00

Symposium «Life-threatening arrhythmias and sudden death risk in coronary artery disease and heart failure. How to help patients at extremely risk patient? (on national guidelines)»
Chairpersons: Ardashev A. V. (Moscow), Arutyunov G. P. (Moscow), Mareev V. Yu. (Moscow)
- Ardashev A. V. (Moscow). Sudden cardiac death from cardiosurgeon’s point of view. National guideline.
- Mareev V. Yu. (Moscow). Coronary artery disease and chronic heart failure: how to help patients at extremely high risk? HF national guideline.
Symposium “INTERVENTIONAL METHODS IN CLINICAL PRACTICE” (SUPPORTED BY MEDTRONIC)

Chairpersons: Konradi A.O. (Saint-Petersburg), Galyavich A.S. (Kazan), Barbarash O.L. (Kemerovo)


- **Barbarash O.L. (Kemerovo).** Interventional methods of treatment in coronary artery disease patients.

- **Kovaleva E.E. (Moscow).** Interventional methods of treatment in patients with aortic valve stenosis.

- **Neminuschiy N.M. (Moscow).** Interventional methods of treatment in patients with cardiac rhythm disorders at high risk of sudden death.

- **Chernyavskaya T.K. (Moscow).** Interventional methods of treatment in patients with aortic disease.

- **Konradi A.O. (Saint-Petersburg).** Interventional methods of treatment in patients with resistant hypertension.
SESSION “NONCORONARY MYOCARDIUM DISEASES”

Chairpersons: Yakushin S.S. (Ryazan), Reznik I.I. (Ekaterinburg)


- Gaidukova I.Z., Aparkin A.V., Rebrov A.P. (Saratov). The intima-media complex thickness in the spondylarthritis patients is associated with the disease activity and spine mobility restriction.


SECTIONAL SESSION “CARDIOVASCULAR RISK FACTORS: POSSIBILITIES FOR PREVENTION AND TREATMENT”

Chairpersons: Shlyk S.V. (Rostov-on-Don), Mordovin V.F. (Tomsk)


- Chulkov V.S. (Chelyabinsk). Prediction of complications and adverse pregnancy outcomes in women with various forms of arterial hypertension.

- Bakirova N.M., Chernyshova T.E., Smetanin M.Yu. (Izhevsk). Cardiac aspects of subclinical thyroid dysfunction in elderly patients.

- Uzueva E.I. (Moscow). Improving pre-hospital care of patients with socially significant diseases.

- Khamchieva L.Sh., Kozlov S.G., Balakhonova T.V. (Moscow). Dynamics of asymptomatic carotid
atherosclerosis evaluated by ultrasound of the carotid arteries in patients on statin therapy.


**Hall Tchaikovsky 1**

16.30–18.00

**Symposium Priorities in Diagnosis, Treatment and Prevention of Heart Failure**

Chairpersons: Karpov R.S. (Tomsk), Popov S.V. (Tomsk), Teplyakov A.T. (Tomsk)

- Teplyakov A.T., Grakova E.V., Berezikova E.N., Shilov S.N. Andriyanova A.V., Karpov R.S. (Tomsk). Prospects for early detection of heart failure, coronary dysfunction and myocardial apoptosis: prognostic values of soluble FAS-ligand, endothelin-1 and NT-proBNP.


HALL
TCHAIKOVSKY 2
16.30–18.00

Joint Symposium of the Russian Society of Cardiology section “Clinical Electrocardiology” and the Russian Society for Holter Monitoring and Noninvasive Electrophysiology

Chairpersons: Makarov L.M. (Moscow), Tikhonenko V.M. (Saint-Petersburg)

- Makarov L.M. (Moscow). Kazan as the motherland of Russian electrocardiography.
- Tikhonenko V.M. (Saint-Petersburg). Detecting ischemic ventricular arrhythmias with Holter monitoring.
- Parmon E.V. (Saint-Petersburg). Sudden death risk stratification with ECG methods.
- Komolyatova V.N. (Moscow). International consensus on T wave alterations.
- Treshkur T.V. (Saint-Petersburg). Exercise ECG testing in arrhythmia: what information do we get?
- Chmelevskiy M.P. (Saint-Petersburg). What is “reverse” ECG in the XXI century?
Symposium «What a doctor should do to be heard by a patient?» supported by Pharmstandard
Chairpersons: Ageev F.T. (Moscow), Nedogoda S.V. (Volgograd)
- Ageev F.T. (Moscow) Introduction
- Nedogoda S.V. (Volgograd) Can rational pharmacotherapy improve compliance?
- Semyachkina E.N. (Perm) Why cannot our patients hear us?

Symposium “Obstructive sleep apnea syndrome in cardiology practice”
Chairpersons: Buzunov R.V. (Moscow), Litvin A.Yu. (Moscow)
- Buzunov R.V. (Moscow). Pulse oximetry sleep apnea screening programmes in cardiac patients in an outpatient clinic, a hospital and a health resort.
- Kazachenko A.A., Kulikov A.N. (Saint-Petersburg). Heart failure with preserved ejection fraction: focus on obstructive sleep apnea.
- Oleynikov V. E. (Penza), Sergatskaya N.V. (Penza). Impact of obstructive sleep apnea on vascular remodeling in patients with diabetes mellitus and arterial hypertension.
**Hall Prokofiev 1-2**
16.30–18.00
Symposium “Innovations in Cardiovascular Treatment” (Supported by Novartis)
Chairpersons: Moiseev V.S. (Moscow), Boitsov S.A. (Moscow)
- **Boitsov S.A. (Moscow).** Introduction.
- **Villevalde S.V. (Moscow).** New strategies to prevent recurrent cardiovascular events in post-MI patients.
- **Lopatin Yu.M. (Volgograd).** Acute decompensated heart failure: what awaits us in the nearest future?

**Hall Prokofiev 3**
16.30–18.00
Symposium “Topical Issues of Psychocardiology”
Chairpersons: Smulevich A.B. (Moscow), Neznanov N.G. (Saint-Petersburg), Syrkin A.L. (Moscow)
- **Neznanov N.G. (Saint-Petersburg).** Topical issues of psychocardiology.
- **Volel B.A., Ternovaya E.S., Syrkina E.A. (Moscow).** Personality disorders and cardiovascular disease (on the models of coronary artery disease and arterial hypertension).
- **Kopylov F.Yu. (Moscow).** Depression: a challenge for a cardiologist?
- **Syrkina E.A. (Moscow).** The impact of psychocardiology findings on clinical practice.
- **Ivanov S.V. (Moscow).** Therapy of psychosomatic disorders in cardiology practice.
Board Meeting of the Russian Society of Cardiology
**FRIDAY, 26 SEPTEMBER**

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| 09.00–10.30| **Plenary session**
“Atherosclerosis and ischemic heart disease” | **Symposium** “Early diagnosis, prevention and treatment of chemo-therapé side-effects” | **Symposium** “Heart rhythm disturbances in connective tissue dysplasia” | **Symposium** “Acute treatment of massive pulmonary embolism” (jointly with Association of Phlebo-logists of Russia) | **Symposium** “Non-medical treatment in acute cardiac care” | **Symposium** “Echo-cardiography in interventional procedures” |
| 10.30–11.00| **BREAK**                                           |                                                       |                                                       |                                                       |                                                            |                                                          |
| 11.00–13.00| **“Plenary session “Heart Failure””**               | **Round table** “Development strategy of educational activities of the Russian Society of Cardiology: technologies and prospects” | **Symposium** “Epidemiology of cardio-vascular risk factors: the basis of prevention” | **Symposium** “Novelties in the treatment of arterial hypertension in patients with high cardio-vascular risk” (supported by Boeringher Ingelheim) | **Symposium** “Echo-cardiology in emergency cardiac care” |                                                          |
| 13.00–13.30| **BREAK**                                           |                                                       |                                                       |                                                       |                                                            |                                                          |
| 13.30–15.30| **Plenary session**
“Innovation and progress in cardiology” |                                                      |                                                       |                                                       |                                                            |                                                          |
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FRIDAY, 26 SEPTEMBER

HALL BALNY 1
09.00–10.30

PLENARY SESSION
ATHEROSCLEROSIS AND ISCHEMIC HEART DISEASE
Presidium: Kukharchuk V.V. (Moscow), Češka R. (Czech Republic)

- Umans V. (Netherlands). The outcome of hyperglycemia in MI and the effect of immediate insulin therapy.

HALL BALNY 2
09.00–10.30

SYMPOSIUM “EARLY DIAGNOSIS, PREVENTION AND TREATMENT OF CHEMOTHERAPY SIDE-EFFECTS”
Chairpersons: Gendlin G.E. (Moscow), Vasyuk Yu.A. (Moscow)

- Shkolnik E.L. (Moscow), Nesvetov V.V. (Moscow). Echocardiographic diagnosis of cardiac toxicity of chemotherapeutic agents.
- Emelina E.I. (Moscow). Laboratory diagnosis of cardiotoxicity.
- Vasyuk Yu.A. (Moscow). Prevention of left ventricular systolic dysfunction during chemotherapy.
**Hall Pushkin**
09.00–10.30

**Symposium “Heart Rhythm Disturbances in Connective Tissue Dysplasia”**

Chairpersons: Nechaeva G.I. (Omsk).

- **Nechaeva G.I., Moskvina Yu.V. (Omsk).** Arrhythmias in patients with connective tissue dysplasia: administration of magnesium-containing medications.
- **Nikulina S.Yu. (Krasnoyarsk).** Sick sinus syndrome in connective tissue dysplasia.
- **Miller O.N. (Moscow).** Management of patients with arrhythmia and connective tissue dysplasia.
- **Chernyshova T.E., Sabirzyanova E.R. (Udmurtia region).** Heart rhythm regulation in Marfan syndrome, clinical evaluation and rehabilitation: a prospective study.
- **Klypin D.N. (Omsk).** Registration and analysis of rhythm disturbances in connective tissue dysplasia.

**Hall Tolstoy**
09.00–10.30

**Symposium “Acute Treatment of Massive Pulmonary Embolism” (Jointly with Association of Phlebologists of Russia)**

Chairpersons: Kirienko A.I. (Moscow), Dzhordzhikiya R.K. (Kazan)

- **Duplyakov D.V. (Samara).** How to suspect and verify massive pulmonary embolism?
- **Yavelov I.S. (Moscow).** Thrombolytic therapy for pulmonary embolism: what do clinical guidelines and trials say?
- **Leontiev S.G. (Moscow).** 35-year experience of thrombolytic therapy for pulmonary embolism.
- **Dzhordzhikiya R.K. (Kazan).** Current state of surgical treatment of pulmonary embolism.
- **Andriyashkin V.V. (Moscow).** Teamwork in the management of pulmonary embolism.
FRIDAY, 26 SEPTEMBER

**HALL DOSTOEVSKY**
09.00–10.30
**SYMPOSIUM “NON-MEDICAL TREATMENT IN ACUTE CARDIAC CARE”**
Chairperson: Ruda M.Ya. (Moscow)
- **Poptsov V.N. (Moscow).** Mechanical circulatory support in heart failure.
- **Pevzner D.V. (Moscow).** Hypothermia.
- **Yakovlev A.N., Mazurok V.A. (Saint-Petersburg).** Oxygen therapy and respiratory support.

**HALL LERMONTOV**
09.00–10.30
**SYMPOSIUM “ECHOCARDIOGRAPHY IN INTERVENTIONAL PROCEDURES”**
Chairpersons: Pavlyukova E.N. (Tomsk), Okhotin A.N. (Kaluga region)
- **Kuznetsov V.A. (Tyumen region).** Echocardiography and CRT: are there still any questions?
- **Saidova M.A. (Moscow).** Echocardiography in percutaneous aortic valve procedures.
- **Sedov V.P. (Moscow).** Echocardiography in ablation procedures.
- **Alekhin M.N. (Moscow).** Echocardiography in patients with implanted devices.
**Hall Chekhov**  
09.00–10.30  

**Symposium “Diabetes mellitus in the era of electronics: from screening to prevention”**  
Chairpersons: Alexandrov A.A. (Moscow), Mamedov M.N. (Moscow)


**Hall Tchaikovsky 1**  
09.00–10.30  

**Symposium «Life without risk» (Supported by Gedeon Richter)**  
Chairpersons: Nebieridze D.V. (Moscow), Statsenko M.E. (Volgograd), Gabitov S.Z. (Kazan)

- Nebieridze D.V. (Moscow). Topical issues in treatment of hypertensive patients with dyslipidemia.
- Statsenko M.E. (Volgograd). Organoprotection: an important target of hypertension and type 2 diabetes management.
- Gabitov S.Z. (Kazan). Statin therapy in high risk patients in the recent European guidelines.
HALL Tchaikovsky 2
09.00–10.30

SESSION “ARRHYTHMIAS AND INTERVENTIONAL METHODS OF TREATMENT IN CARDIOLOGY”

Chairpersons: Shulman G.V. (Krasnoyarsk), Tikhonova A.N. (Lipetsk)

- Zemskov I.A., Parmon E.V. (Saint-Petersburg). Arrhythmogenic dysplasia of the right ventricle: correct diagnosis or overdiagnosis.
• Linchak R.M., Komkov D.S. (Moscow). Russian treatment strategy in antithrombotic therapy for stroke and systemic embolism prevention in atrial fibrillation?
Session “Epidemiology Studies in Cardiology. Cardiovascular Risk Factors”

Chairpersons: Shalnova S.A. (Moscow), Gafarov V.V. (Novosibirsk)


- Dobrovolskiy A.B. (Moscow), Titaeva E.V. (Moscow), Yarovaya E.B. (Moscow), Storozhilova A.N. (Moscow), Zhernakova Yu.V. (Moscow), Oschepkova E.V. (Moscow), Panchenko E.P. (Moscow), Trubacheva I.A. (Tomsk), Serebryakova V.N. (Tomsk), Kaveshnikov V.S. (Tomsk), Karpov R.S. (Tomsk), Chazova I.E. (Moscow). Clotting risk factors in cardiovascular diseases: association with demographic and clinical data in Tomsk population.


- Gavrilova N.E. (Moscow). Assessment of probability of coronary artery atherosclerosis with noninvasive instrumental and biochemical research complex.


• Sorokin A.V. (Kursk), Kotani K. (Japan), Bushueva O.Yu. (Kursk), Taniguchi N. (Japan), Ovsyannikov A.G. (Kursk), Shestakov A.M. (Kursk). Comparative analysis of cardio-ankle vascular index and ankle-brachial index in young Russian and Japanese populations.


**Syposium “Do not be afraid of making mistakes, be afraid of repeating them”**

**Stereotypes in the practice of a cardiologist and a general practitioner**

Chairpersons: Tyurin V.P. (Moscow), Stryuk R.I. (Moscow), Yakushin S.S. (Ryazan)

• **Tyurin V.P. (Moscow).** Myocardial infarction: does it always mean ischemic heart disease?

• **Stryuk R.I. (Moscow).** Hypertension in pregnancy. Does it need treatment? When and how?

• **Filippov E.V. (Ryazan).** Left ventricular hypertrophy: arterial hypertension or hypertrophic cardiomyopathy?

• **Yakushin S.S. (Ryazan).** Ten major disadvantages of drug therapy for ischemic heart disease and chronic heart failure.
Symposium “Experience of chronic heart failure treatment at the Almazov Centre: drugs and technologies”

Chairpersons: Sitnikova M.Yu. (Saint-Petersburg), Arkhipov M.V. (Saint-Petersburg)

- Sitnikova M.Yu. (Saint-Petersburg). Slowing down heart rhythm in chronic heart failure.
- Fedotov P.A. (Saint-Petersburg). Algorithms of removal from the heart transplantation waiting list (inotropic support, beta-blockers, diuretics, electrolytes).
- Yurchenko A.V. (Saint-Petersburg). Monitoring patients with chronic heart failure within the hospital registry RUS-HF.
**SYMPOSIUM: “WILL THE PREVENTIVE MEDICAL EXAMINATION AND CLINICAL SUPERVISION HELP IN REDUCING CARDIOVASCULAR MORTALITY?”**

Chairpersons: Boitsov S.A. (Moscow), Kalinina A.M. (Moscow)

- **Kalinina A.M. (Moscow).** Preventive medical examination and clinical supervision. Problems and solutions.
- **Romanchuk S.V. (Ivanovo).** What is the practical purpose of preventive medical examination?
- **Gomova T.I. (Tula).** How feasible is preventive medical examination in real practice?
- **Myasnikov R.P. (Moscow).** New technologies in preventive medical examination. Remote management of patients with chronic heart failure.

**PLENARY SESSION**

**HEART FAILURE**

Presidium: Belenkov Yu.N. (Moscow), Cleland J. (UK)

- **Cleland J. (UK).** Curing Heart Failure – Yes we can!
- **Sandrikov V.A. (Moscow).** Modern instrumental methods in heart failure assessment.
- **Mareev V.Yu. (Moscow).** The problem of re-hospitalizations for heart failure – 2014.
ROUND TABLE “DEVELOPMENT STRATEGY OF EDUCATIONAL ACTIVITIES OF THE RUSSIAN SOCIETY OF CARDIOLOGY: TECHNOLOGIES AND PROSPECTS”

Moderators: Shalnova S.A. (Moscow), Vasyuk Yu.A. (Moscow)

- **Kontsevaya A.V. (Moscow).** Educational projects of the Russian Society of Cardiology: strategy and practical implementation.
- **Ulumbekova G.E., Balkizov Z.Z. (Moscow).** The new model of continuous medical education.
- **Duplyakov D.V. (Samara).** Regional experience in continuous medical education.
- **Galyavich A.S. (Kazan).** The pilot project of continuous medical education: cooperation between higher medical schools and professional communities.
- **Discussion**
Hall Pushkin
11.00–13.00

Symposium “Diabetic Cardiomyopathy: new technologies in clinical practice”
Chairpersons: Alexandrov A.A. (Moscow), Abdalkina E.N. (Samara)


- Alexandrov A.A. (Moscow), Abdalkina E.N. (Samara). Dystrophin-glycoprotein complex of cardiomyocytes: contractile dysfunction of diabetic myocardium.

Hall Tolstoy
11.00–13.00

Symposium “Epidemiology of cardiovascular risk factors: the basis of prevention”
Chairpersons: Malyutina S.K. (Novosibirsk), Shlyk S.V. (Rostov-on-Don)


- Yakushin S.S. (Ryazan), Shalnova S.A. (Moscow), Filippov E.V. (Ryazan), Deev A.D. (Moscow), Boitsov S.A. (Moscow). Cardiovascular risk factors: what can we do to reduce mortality in the region?

- Osipova I.V. (Barnaul), Pyrikova N.V. (Barnaul), Kontsevaya A.V. (Moscow). Clinical and economic efficacy of primary prevention in an organized population of railway workers.
Symposium “Novelties in the treatment of arterial hypertension in patients with high cardiovascular risk” (supported by Boeringher Ingelheim)

Chairperson: Galyavich A.S. (Kazan)

- Galyavich A.S. (Kazan). Combination therapy of arterial hypertension: from theory to practice.

Symposium “Echocardiography in emergency cardiac care”

Chairpersons: Kuznetsov V.A. (Tyumen), Saidova M.A. (Moscow)

- Okhotin A.N. (Moscow). Echocardiography for pulmonary embolism?
**Hall Chekhov**
11.00–13.00

**Symposium “Horizons of Interventional Cardiology – 2014”**
Chairpersons: Samko A.N. (Moscow), Pershukov I.V. (Voronezh), Staroverov I.I. (Moscow), Batyraliev T.A. (Turkey)

- **Samko A.N. (Moscow), Batyraliev T.A. (Turkey), Fetzer D.V. (Moscow)** Achievements of interventional cardiology in clinical practice.
- **Pershukov I.V. (Voronezh).** Reperfusion and pharmacotherapy in patients with myocardial infarction.
- **Staroverov I.I. (Moscow).** Current antithrombotic therapy in patients with coronary artery disease.

**Hall Tchaikovsky 1**
11.00–13.00

**Symposium “Sleep Disorders in a Cardiologists’ Practice”**
Chairpersons: Schekotov V.V. (Perm), Sviryaev Yu.V. (Saint-Petersburg), Kalinkin A.L. (Moscow)

- **Schekotov V.V. (Perm).** Insulin resistance in obstructive sleep apnea patients.
- **Sviryaev Yu.V., Korostovtseva L.S., Zvartau N.E. (Saint-Petersburg).** Renal denervation in patients with obstructive sleep apnea syndrome.
- **Kalinkin A.L. (Moscow).** Cheyne-Stokes breathing treatment with adaptive servosystem: new possibilities of life quality and prognosis improvement in patients with chronic heart failure.
SYMPOSIUM “ARRHYTHMIAS IN PREGNANCY: MYTHS AND REALITY”
Chairpersons: Stryuk R.I. (Moscow), Bukhonkina Yu.M. (Khabarovsk)

- Popov S.V., Treshkur TV., Tsurinova E.A. (Saint-Petersburg). Long-term ECG monitoring with telemetry in patients with ventricular arrhythmias without structural heart diseases during pregnancy and delivery.

- Stryuk R.I., Kusova A.B. (Moscow). Is there any association between thyroid gland dysfunction and arrhythmias during pregnancy?


SYMPOSIUM “STEM CELLS AND CARDIAC REGENERATION”
Chairperson: Kostareva A.A. (Saint-Petersburg)


- Dergilev K.V., Parfenova E.V. (Moscow). Resident progenitor cardiac cells: properties and regenerative potential.

- Dmitrieva R.I. (Saint-Petersburg). Mesenchimal stem cells as a model for regeneration research in patients with heart failure.

- Malashicheva A.B. (Saint-Petersburg). Induced pluripotent stem cells as a model for studying cardiac disorders.
**Hall Shostakovich 2  11.00–13.00**

**Symposium “Atherosclerosis: Current Epidemiology, Pathogenesis and Diagnostics”**

Chairpersons: Voevoda M.I. (Novosibirsk), Ragino Yu.I. (Novosibirsk)

- **Voevoda M.I. (Novosibirsk).** Evolution of coronary atherosclerosis in native and alien population of Siberia
- **Shakhtshneider E.V. (Novosibirsk).** Molecular-genetic markers of rare forms of hypercholesterolemia.
- **Maximov V.N. (Novosibirsk).** Molecular-genetic markers of complications of coronary atherosclerosis.
- **Romanova A.N. (Yakutsk).** Features of coronary atherosclerosis in the Yakutiya residents.

**Hall Prokofiev 1–2  11.00–13.00**

**Symposium «Hypertensive Patient: One Patient - A Lot of Problems. Helping a Practitioner» (Supported by Novartis)**

Chairpersons: Karpov Yu.A. (Moscow), Ageev F.T. (Moscow)

- **Karpov Yu.A. (Moscow), Ageev F.T. (Moscow)** Introduction
- **Karpov Yu.A. (Moscow).** On the way to achieving the objectives of hypertension treatment: results of open label observational program ESCULAP.
- **Bubnova M.G. (Moscow).** Organoprotective properties of combination therapy in rehabilitation of patients with arterial hypertension and chronic obstructive pulmonary disease.
- **Fomin V.V. (Moscow).** Nephroprotection and metabolic cardioprotection in patients with hypertension: additional advantages of a fixed combination.
- **Ageev F.T. (Moscow).** Social aspects of arterial hypertension. The best ways to achieve compliance in the short term perspective.
FRIDAY, 26 SEPTEMBER

HALL PROKOFIEV 3
11.00–13.00

SYMPOSIUM “CARDIOVASCULAR DISEASES. MONITORING AND REGISTRIES: TWO SIDES OF THE SAME COIN.”

Chairpersons: Ogarkov M.Yu. (Kemerovo), Martsevich S.Yu. (Moscow)

- **Ogarkov M.Yu. (Kemerovo).** Professional and ethnic factors in the prevalence of CVD and CV risk factors in a large industrial region of Western Siberia.

- **Gafarov V.V. (Novosibirsk), Gromova E.A. (Novosibirsk), Panov D.O. (Novosibirsk), Gagulin I.V. (Moscow), Gafarova A.V. (Novosibirsk).** Psychosocial factors and risk of acute myocardial infarction and stroke.

- **Martsevich S.Yu., Ginsburg M.L., Kutishenko N.P., Drozdova L.Yu. (Moscow, Lyubertsy).** Acute myocardial infarction: the possibility of following Russian and international guidelines in clinical practice, the immediate and long-term outcomes according to the registries.


- **Oschepkova E.V., Dmitriev V.A., Yarovaya E.B., Gridnev V.I., Dovgalevskiy P.Ya. (Moscow, Saratov).** Federal registry of acute coronary syndrome.

- **Kutishenko N.P. (Moscow).** Registries on the basis of outpatient health care units and in-patient hospitals. Stroke registry (LIS-2): main results and questions.
Hall Balny 1
13.30–15.30

Plenary session
“Innovation and progress in cardiology”
Presidium: Shlyakhto E.V. (Saint-Petersburg), Martynov A.I. (Moscow)

Part I. Discussion of national guidelines drafts

- Konradi A.O. (Saint-Petersburg). On development and approval of federal guidelines by public organizations.
- Boitsov S.A. (Moscow). Preventive medical examination of patients with chronic non-infectious diseases.
- Aronov D.M. (Moscow). Rehabilitation and secondary prevention in STEMI patients and in those with high STEMI risk.

Part II. Innovative development in cardiology: results of 2014

- Duplyakov D.V. (Samara). Emergency conditions in Cardiology.
- Shlyakhto E.V. (Saint-Petersburg). Russian Society of Cardiology and innovations in Cardiology
**Museums of Kazan**

**Kazan Kremlin**

Kazan Kremlin is a unique complex of archaeological, historical and architectural monuments functioning from the city’s foundation to the present day.

In 2000, the Kazan Kremlin was included in the UNESCO World Cultural and Natural Heritage. The complex objects are included in the State Historical and Architectural Museum-Reserve “Kazan Kremlin”.

In 2005, to the date of the celebration of the Millennium of Kazan, Kul Sharif Mosque was built in Kazan Kremlin; it became the largest mosque in Russia. The Cathedral of the Annunciation- a monument of history and architecture of the XVI century- was opened after restoration.

The Kremlin has the architectural symbol of the city - Suyumbike Tower, one of the few “falling” towers in the world.

**Address:** 420014, Kazan, Kremlin  
**Phone / fax:** +7 (843) 567-80-01.  
**Official Site:** http://www.kazan-kremlin.ru.

Kazan Kremlin visit is free for individual visitors.

**State Fine Arts Museum of Tatarstan Republic (Sandetsky Manor)**

**Address:** 64 Karl Marx str, Kazan  
**tel.** +7 (843) 236-69-31  
**Official Site:** http://izo-museum.ru/
Opening hours:
Tuesday, Wednesday, Thursday - from 10.00 to 17.45.
Ticket office is open until 17.15
Friday - from 12.00 to 21.00.
Ticket office is open until 20.00
Saturday from 10.00 to 16.45.
Ticket office is open until 16.15
Closed on Mondays and Sundays.

National Museum of the Republic of Tatarstan

Address: 2 Kremlevskaya str, Kazan
tel. +7 (843) 292-89-84, 292-87-18
Official Site: http://www.tatar.museum.ru/

Hours of Operation:
Daily from 10.00 to 18.00, ticket office is open from 10.00 to 17.00.
On Friday, the museum is open for visitors from 10.00 to 17.00,
Ticket office is open from 10.00 to 16.00

Every first Wednesday of the month is free to visit the museum from 10.00 to 18.00,
Ticket office is open from 10.00 to 17.00.
The museum is closed for visitors on Mondays and last Wednesday of the month.
Tatar Academic Opera and Ballet Theatre named after Musa Djalil

Address: 1 Svobody sqr, Kazan
Tel: +7 (843) 231-57-10
Official Site: www.kazan-opera.ru

Grand Concert Hall named after S.Saydashev

Address: Svodody sqr, Kazan
Tel: +7 (843) 292-17-17
Official Site: www.gbkz-rt.ru

Concert Hall of the Tatar State Philharmonic Hall named after G.Tykay

Address: 73 Pavlukhin str, Kazan
Tel: +7(843) 277-18-22
Official Site: www.tgf-rt.ru

Kazan Academic Russian Drama Theatre named after V.I. Kachalov

Address: 48 Baumana str, Kazan
Tel: +7 (843) 292 34 83, 292 54 81
Official Site: www.teatrkachalov.ru
**Tatar State Drama and Comedy Theatre named after Karim Tinchurin**

- **Address:** 13 Gorkogo str, Kazan
- **Tel:** +7 (843) 236-66-96, 238-56-17
- **Official Site:** www.rus.tinchurinteatr.ru

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**Tatar State Academic Theatre named after Galiaskar Kamal**

- **Address:** 1 Tatarstan str, Kazan
- **Tel:** +7 843 293 03 74
- **Official Site:** www.kamalteatr.ru

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**Tickets in Theaters and Concert Halls in Kazan at:**

https://kzn.kassir.ru/